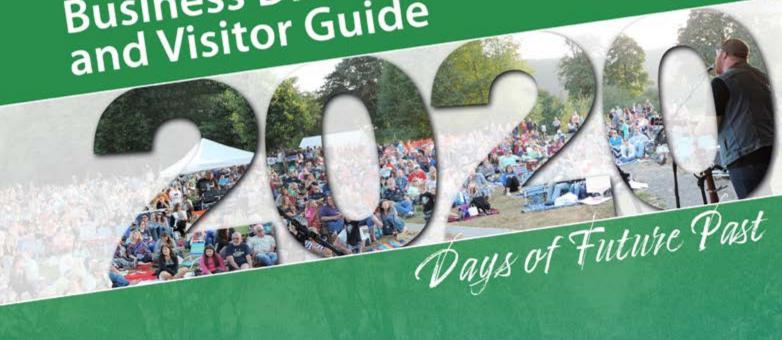
# DUVALL and Snoqualmie Valley

Business Directory and Visitor Guide



This SPECIAL EDITION 2020 Duvall Business Directory and Visitor Guide, brought to you by the Duvall Chamber of Commerce is more than what meets the eye. Our vision for the future can be your gain if you take the

Who doesn't like a challenge and a chance to win big? Throughout this time and focus on what could be! issue are 20 things to search for. To find out more, see page 29 of the Business Directory!



An historic jewel on the banks of the famed Snoqualmie River, in a valley in view of majestic Mount Rainier to the south and awe inspiring Mount Baker to the north. A friendly year-round community with a touch of modern charm and unending possibilities!

# The Irwin Group

PREMIER REAL ESTATE SERVICES



### Snoqualmie Valley Real Estate Experts



Phil Auberg 206-755-3294



Kathi Davis 425-890-5638



Katie Hurtt 425-829-3876



Stefanie Kypreos 425-210-9999



Kylee Wear 425-238-0431

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### Area Events Calenda' for 2020

Family-Friendly Events	Date / Location	Website
Sno-Valley Sr. Center Rainbow Bingo	January–November / Sno Valley Senior Center, Carnation	snovalleysenior.org
Random Acts of Kindness Week	March 2–8 / Throughout Duvall	rakduvall.com
March of the Vegetables	March 28 / Downtown Duvall	marchof the vegetables.org
Irwin Community Easter Egg Hunt	April 11 / McCormick Park Duvall	Easterinduvall.com
Duvall Farmers Market	May–October / Brown Ave NE	duvallfarmersmarket.org
Sno-Valley Sr. Center Plant Sale	May / Sno Valley Senior Center, Carnation	snovalleysenior.org
Duvall Civic Club Plant and Garden Art Sale	May / Behind Duvall Vistor & Community Center	Fb.com/DuvallCivicClub
Duvall Days Festival	June 6 / Main Street Duvall	duvalldays.org
Big Rock Classic Car Show	June 6 / Safeway Parking Lot, 14020 Main St, Duvall	bigrock classic carshow.com
Riverview Ed. Foundation (REF) Run	June 7 / McCormick Park Duvall	refweb.org/refrun
Fire Fighter's Pancake Breakfast	June 7 / Duvall Fire Station, Duvall	duvallfire45.com
Rotary Club of Duvall's Fireworks Sales	June 26–July 4 / Safeway Lot & W. Snoqualmie River Rd.	duvallrotary.org
SummerStage – 20th Anniversary!	July–August, Wednesdays 7pm / McCormick Park Duvall	duvallculture.org
Special City Recycling Day	July 18 / Holy Innocents Parking Lot	duvallwa.gov
Sandblast Festival of the Arts	July 18 & 19 / McCormick Park Duvall	duvallarts.org
Art in Bloom	July 31 - August 2 See Website for more information	duvallarts.org
Irwin Movies in the Park	August 8 & 15 / McCormick Park Duvall	movies induvall.com
Art & Wine Walk	September / Throughout Main Street Duvall	duvallculture.org
Outdoor Quilt Show	September 26 / Downtown Duvall	duvallquiltshow.com
Downtown Trick-or-Treating and Halloween Party	October 31 / Throughout Downtown Duvall & Party at Duvall Visitor & Community Center	duvallchamber.com
Small Business Saturday	November 28 / Duvall Businesses	fb.com/duvallchamber
Light up Duvall – Community Celebration	December 4 / Main Street & Depot Park	duvallchamber.com & duvallwa.gov
Duvall Civic Club Holiday Fair	December 5 / Duvall Visitor Center	duvallcivicclub.org

Dates and times may change after printing. Please check events induvall.com for the latest information on these and other events in the area. Sign up to receive weekly email notifications of events while you are there.

# Message from the President

2020 not only marks a new year for the Duvall Chamber of Commerce, it represents 107 years for the city of Duvall. A new decade exemplifies a fresh start and the opportunity to develop our Chamber and the local community with revitalized programs, innovative initiatives, and good old-fashioned excitement and networking. My name is Josh Lowell, and it will be my privilege to help lead the Duvall Chamber of Commerce into the Roaring 20's.

Having spent the last year serving as Secretary for the Duvall Chamber of Commerce, I have had the fortune to help drive the Chamber to new heights. We introduced new scholarship programs, promoted our local community businesses in new and thrilling ways, and created inventive platforms for our Members to connect and express their businesses. These goals will expand and new horizons will be reached in the new year.

Moving forward, with the support of our Members and incredible Board and staff, the Chamber will continue to thrive. As the Snoqualmie Valley continues to grow, so too will the Duvall Chamber of Commerce. We currently have over 200 members, all of whom are devoted to reinforcing the Chambers pledge to Grow, Connect, and Prosper.

The Duvall Chamber of Commerce welcomes businesses of all shapes and sizes, non-profit organizations, and entrepreneurs looking to learn, network, and expand. Come join us in 2020 for another amazing year!

Josh

Joshua B. Lowell President, Duvall Chamber of Commerce Law Offices of Magnuson Lowell, P.S.

### Duvall Chamber of Commerce Board Thembers

### Officers:

President
Josh Lowell
Law Offices of Magnuson Lowell P.S.

Vice President
Jashar Rentz
Alpine Integrated Medicine

Secretary
Allison Elbahouty
Zazynia Mediterranean Grill

Treasurer
Erik Anderson
EA Bookkeeping

### **Board of Directors:**

Julie Bergstrom Swift & Savory

**Lorna Bussing** Red Pepper Pizzeria & Pasta

Brittany Criss Duvall Print & Post and Antonelli's Photgraphy, LLC

Michelle Gengler Duvall Veterinary Hospital

Kass Holdeman - RE/MAX Northwest

Tammi Leo

JP Landscape Tree Farm

Guillermo Mendez Amonos Mexican Kitchen

**Bob Palmer**Palmer Motivation & Training

Kimberly Piira
KSP Consulting

**Sunil Sanghvi** Edward Jones - Redmond Ridge

Jerry Sprute
Law Office of Gerald A. Sprute

Administrators:

Natalee Nelson Karen Hausrath

### Useful Community Information

#### Duvall Police: duvallwa.gov/140/Police-Department

The Duvall Police Station is located on NE Stephens Street next to McCormick Park. The Department provides a variety of community services, including:

- Free car seat safety checks
- Free R.A.D. (Rape Aggression Defense) training for women
- National Night Out celebration on the first Tuesday of every August
- TrackMole DPD has teamed up with TrackMole to provide a free service that helps recover lost and stolen items by identifying owners of lost/stolen property using the serial numbers from the devices.
- Block Watch training and support
- Community Crime Mapping
- D.A.R.E. Program
- School Resource Officer

Phone: (425) 788-1519 (Monday-Thursday 8:30am – 4:00pm) Location: 26225 NE Burhen Way, Duvall, WA 98019 After hours and all emergencies call 911

facebook.com/Duvall.Police.Department

### **Duvall-King County Fire District 45:**

duvallfire45.com

A dedicated team of 35 career and volunteer firefighters and administrative personnel in Duvall-King County, Fire District 45 proudly protects over 12,000 residents and visitors in the greater Duvall area.

Fire District 45's Community Service Programs include:

- Address Signs
- CPR/AED and First Aid Training Classes
- Vial of L.I.F.E. (A program that allows individuals to have their complete medical information ready in their home for emergency personnel to reference during an emergency.)
- Station Tours
- Public Education
- Annual Firefighter's Pancake Breakfast
- Burn Permits
- Ride Along
- Emergency Kits

Phone: (425) 788-1625

Location: 15600 1st Ave NE, Duvall, WA. 98019

facebook.com/DuvallFire45

### City of Duvall: duvallwa.gov

City of Duvall offices are located at the corner of Main and Stella in downtown Duvall.

Location: 15535 Main Street NE, Duvall, WA. 98019 Mailing Address: PO Box 1300, Duvall, WA 98019

City Hall Phone: (425) 788-1185

Hours: Monday - Thursday 8:00 a.m. - 5:00 p.m.

Friday 8:00 a.m. - 12:00 p.m.

Public Works Phone: (425) 788-3434

Hours: 7:30 a.m. - 3:30 p.m.

Utility Billing Phone: (425) 788-1185 After-hours Emergency: (425) 419-3748

facebook.com/City-of-Duvall-572315659514974

#### Gas and Electric

Puget Sound Energy: pse.com

Phone: (888) 225-5773

Emergencies and outages: (888) 225-5773 facebook.com/pugetsoundenergy

#### **School and Road Closures**

**Riverview School District:** 

riverview.wednet.edu/districtinfo/emergency

Phone: (425) 844-4500

Emergency schedule hotline: (425) 844-4542

facebook.com/rsd407

Hillside Academy: https://hillsideacademy.com/

Phone: (425) 844-8608

facebook.com/hillsideduvall/

#### **King County road closures:**

kingcounty.gov/depts/transportation/roads/road-closures.aspx Road conditions and river levels: d.jimgale.net

#### Internet, Phone, and TV

Wave: gowave.com

Phone: (866) 928-3123 facebook.com/GoWaveConnects/

Frontier: frontier.com

Begin Service Phone: (877) 558-8039 Phone: (800) 921-8101

facebook.com/FrontierCorp

### Waste and Recycling

Waste Management: www.wmnorthwest.com/duvall Residential Customer Service Phone: (800) 592-9995 Location: 720 4th Avenue, Suite 400, Kirklands, WA 98033

Nearest King County Recycling & Transfer Station: kingcounty.gov/depts/dnrp/solid-waste/facilities/transfer

Houghton Recycling & Transfer Station

Phone: (206) 477-4466 or (800) 325-6165 x 74466 Location: 11724 NE 60th St , Kirkland, WA 98033

### **Community Facebook Groups**

facebook.com/duvallchamber

Duvall, WA: facebook.com/groups/6676511861
Carnation, WA: facebook.com/groups/carnationwa
Redmond Ridge, WA: facebook.com/groups/
redmondridge/ Positively Duvall/Carnation:
facebook.com/groups/251523221662163
Duvall Community Discussion Board:
facebook.com/groups/192272910786486
Duvall Community Trading Post:
facebook.com/groups/DuvallTradingPost
Buy Nothing Duvall & East Surrounding Area, WA:
facebook.com/groups/409286099837629/
Duvall Chamber of Commerce:

# ALPINE INTEGRATED MEDICINE

offering o



Naturopathic Primary Care



Acupuncture & Chinese Medicine



Nutritional IV Therapy



Professional Grade Vitamins/Supplements



Holistic Pain Management



Injury Rehabilitation (MVA/L&I)



Male & Female Hormone Therapy

Alpine Integrated Medicine, located in the heart of the Redmond Ridge community in Redmond, WA, is bringing true holistic, Integrative Health and Wellness care to people with lengthy visits, a natural focus, and a Concierge Model that brings people closer to their doctor.

Founded by Dr. Brooke Azie-Rentz, AIM strives to be the go-to health resource for people in the Redmond Ridge community, as well as the greater Eastside, and the Snoqualmie Valley, particularly Duvall and Carnation.



### **AIM for health!**

22635 NE Marketplace Dr., #130 Redmond, WA 98053 (425) 949-5961 aim4healthnw.com

# Duvall Chamber of Commerce — Working For Our Community

By Allison Elbahouty - Zazynia Mediterranean Grill

Living here in the Pacific Northwest, we are all impacted in some way by growth and development. Although growth may change and shape our community, one thing that hasn't changed in the 15 years that my family has called Duvall home, is the positive ability of the **Duvall Chamber of Commerce** to connect our local businesses with each other and with the community.

The Chamber consists of caring local business owners, who connect with one another and attend monthly meetings geared toward providing networking, training and community involvement opportunities. The meetings offer Members a chance to give back to the community, through various programs such as scholarships and sponsorships.

Last year, thanks to the generosity of our Chamber Members, we were able to award two \$1,000 Scholarships to well-deserved graduating seniors in the **Riverview School District** that are interested in pursuing a business-focused career.

Did you know that the Chamber also welcomes non-profit organizations? At the end of 2019, a new program was launched called *The Non-Profit Member Showcase*. Each month, a non-profit Member is chosen to spotlight, share what they do, and how they can benefit from community involvement and awareness at our Member Meeting. Organizations such as Acres of Diamonds, Friends of Youth, and the Sno-Valley Senior Center are just a few of our incredible non-profit partners. The Chamber believes that the support of non-profits will further engage the community.

Every month, our volunteers deliver *Welcome Bags* to new residents, as part of a program initiated by the Duvall Chamber a few years ago. This program allows folks who are new homeowners in Duvall discover all of our amazing businesses, receive coupons, special offers and helpful information about local resources. Lorna Bussing of **Red Pepper Pizzeria & Pasta** graciously gives her time to help organize this project with Chamber Administrators.

This very publication is the largest project that the Chamber produces, thanks to Tim Zilinsky of Talon Graphic Design, Duvall Chamber staff, and our many Chamber members who advertise within. The Duvall Business Directory and Visitor Guide is delivered to over 11,000 households in our region including Redmond Ridge and eastern Woodinville. We are proud that it is quickly reaching coffee-table status!

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### Duvall Chamber of Commerce Purpose

The Duvall Chamber promotes and supports our Member businesses and organizations, creating opportunity, economic growth, and prosperity for the community. The Chamber partners with our Members to support the prosperity of our Duvall and Valley business community and neighbors through education, connection and community events and programs.

### Benefits of Chamber Membership:

### Visibility

- Your business or organization is listed in the upcoming printing and online postings of Duvall Chambers
  Business Directory & Visitor Guide (delivered to over 11,000 area homes and businesses) and distributed in Chamber Welcome Bags to every new Duvall homeowner.
- Prospective customers can easily find you through the Duvall Chamber of Commerce online business directory.
- Welcome post (with your business Facebook tag, if applicable), on Duvall Chamber Facebook page.
- You can promote your business or organization through participation in the Chamber's sponsorship opportunities.
- Your up-to-date business info is kept on file by the Chamber for responses to inquiries from prospective customers.

### Credibility

- You can proudly display the Duvall Chamber of Commerce logo on your website and in your place of business.
- You receive a higher level of business advocacy with local and state governments.

### Support

- You have opportunities to meet, network, connect, share, and learn from your fellow Chamber Members and Chamber speakers.
- You enjoy fellowship and camaraderie through Chamber meetings, mixers and social activities.
- Many advertising opportunities available for you to participate in to reach local target markets.



(425) 788-9182 P.O. Box 581 Duvall, WA 98019

Visit us at: DuvallChamber.com

# Working For Our Community

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The Chamber is behind some of our most popular community traditions throughout the year. The Annual Halloween Kid's Party and Downtown Trick or Treating provides families with a safe option for younger children to enjoy Halloween festivities during daylight. Our businesses love seeing all the smiling kids stop by in costume! The Light Up Duvall holiday lights on Main Street, is expertly organized by Mike Carmona of Eastside Property Solutions and Mat Higgins of Duvall Ace Hardware and Garden and the Chamber in November. In collaboration with the City of Duvall, the Duvall Chamber's Light Up Duvall – Community Celebration occurs in December, and is the highlight of the holiday season for many.

Additionally, the Chamber helps promote the shop local campaign by participating locally in the nation-wide *Small Business Saturday* program. We encourage residents and visitors alike to support and help keep our local businesses thriving. By spending locally, we can maintain the special connection between our small businesses, and the community we love, for years to come.

We welcome in all businesses in Duvall, and our surrounding Valley as Chamber of Commerce Members.









# It Pays to Hire a Professional

By Mike Carmona - Eastside Property Solutions, LLC

One of the most important lessons I've learned, is to recognize when it's time to call a professional. In the past I have attempted to take on projects that although weren't in my wheel house, seemed simple enough when I looked them up on YouTube or Google. Sometimes these have been great successes and saved me money, other times the results have been disastrous, or taken so much time it was embarrassing.

Say THIS example, for instance: For some reason I decided to install new brakes on my truck last year. This is a project I have tackled in the past and I figured I would be giving up a few hours on my Saturday to save some money. This time... not the case. Having the right tools and experience in a professional shop, this job probably takes about an hour. I spent nearly all day on the ground sitting in my driveway and cussing. I got the job done, but it wasn't pretty and it wasn't efficient. My vehicles now go BACK to Ranaway Diesel & Auto for all maintenance and this was a great reminder for why they get my business. Toren and his crew are excellent and keep my fleet moving.

Thankfully I learned that lesson early on and take all my tax preparation to the professionals at **CBS Tax & Accounting** – So I don't get a divorce or go to jail for not paying my taxes correctly...since I'm NOT a pro at that.

I am that expert in the home construction, repair and remodel field. In the past year or so, I've taken three calls for DIY husbands walking through the attic and sticking their foot through the joist – the ceiling. We'll call them ...Luke JoistWalkers. In each instance, the husband was attempting to do something simple but their project became exponentially larger, as it now involved patching overhead sheet rock, mud, tape, texture, paint...likely the whole ceiling as you can't blend paint easily if the other paint is a few years old. Had they started with a professional, they would have saved a lot of hassle and stress.

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In many cases Eastside Property Solutions LLC finds ourselves situated in the negotiator or counselor role to navigate the project. You wouldn't think wall color or tile pattern could be such a hot button. In my experience the winner of the choice is usually the lady of the house, but sometimes the men do prevail. Professionals will help you GET to that decision.

Some projects seem to grow, and then grow a little more. It's as if people see a good contractor and try to jam-in all the things they want done, before we leave, in fear that you can never get us back again. But we always assure them that we will be back. We appreciate the offers of lunches, goodies, and even the spare room hoping we will stay longer to finish the extra added jobs right then and there. Pros always return.

Lesson of the day, call your local professional. It will likely save you time, money, sanity, and ensure a great finished product. Being a member of the **Duvall Chamber of Commerce** has benefited me and my business in numerous facets. I have met many knowledgeable professionals, whose skills and services have served my family and helped me grow my business. I am grateful for my local professionals, and the sense of community I feel being a part of the Chamber.



# Dining and Drinking in Duvall

By Zach Paulsen - Duvall Print & Post

The Snoqualmie Valley is a microcosm of flavor and variety and Duvall is its gateway. Here you'll find endless choices for grabbing a bite, a drink, or just finding a local haunt to establish yourself as a regular. The culinary culture in Duvall most certainly has a life of its own. Outlined in this article are Members of the local **Duvall Chamber of Commerce**, and each one is just a sampling of the many choices Duvall has to offer that can appeal to the interests of anyone lucky enough to call the Valley their home. Let's start with the basics.

### If you're looking for a family-oriented dinner night, Main Street has you covered!

#### **Ixtapa Restaurant**

Flavor profile: Mexican fusion Author's Pick: Chalupa

Atmosphere: Family-oriented cantina

Take note: Extended happy hour during Seahawks games

In the middle of town, Ixtapa is unmissable. A family-oriented restaurant, Ixtapa lives up to the large-portion reputation that accompanies Mexican cuisine. With sizeable portions, an expansive dining room, and a menu to match, you'll rarely have the same meal twice, or you'll fall in love with your favorites.

#### Thai Duvall

Flavor profile: Thai

Author's Pick: Garlic chicken

Atmosphere: Traditional family dining room

Take note: Spiciness can be customized per dish based on a

one- to five-star rating

Further up the road from Ixtapa, at the corner of Valley and Main, lives Thai Duvall, one of the many places around town to find authentic Asian food. Enjoy a friendly, comfortable vibe dining with family and friends, or pick up dinner on your evening commute. Thai Duvall offers no shortage of flavorful Thai staples.

### **Twin Dragon Restaurant**

Flavor profile: Chinese fusion Author's Pick: Sesame chicken

Atmosphere: Family-style open dining room

Take note: Food can be ordered to in or from the bar as well

as in the restaurant

One quick jaunt across the street from Thai Duvall will find you even more tasty Asian cuisine at Twin Dragon Chinese Restaurant and Sports Bar. Split into a sports bar and a classic Chinese fusion restaurant, the kitchen whips up no shortage of Chinese and American favorites. Stop in for a family-style dining experience, or place an order to go. You won't be disappointed.

#### Ámonos! Mexican Kitchen

Flavor profile: Mexican

Author's Pick: Chupacabra quesadilla

Atmosphere: Open and busy

Take note: Each food item is made to order with a meat or

protein of your choosing

Ámonos! is authentic Mexican restaurant and catering service located in the heart of town, that is capable of handling orders to meet the needs of your event, no matter the occasion. As each dish is customizable in terms of meat and protein, the food here is a surefire crowd-pleaser with salsa on the side. A friendly staff, bustling in-and-out storefront, and delicious Mexican cuisine, every bite of Ámonos! is a thoroughly enjoyable authentic experience.

### **Swift and Savory**

Flavor profile: American

Author's Pick: Buffalo chicken sandwich

Atmosphere: Modern yet rustic

Take note: Swift and Savory is also a food truck so you may

just bump into them out of town

Swift and Savory is the complete package: a food truck, a restaurant, a caterer, and a culinary delight. A relatively new addition to downtown Duvall, Swift and Savory is a staple in the town's food scene. Offering refined takes on classic American favorites, this healthy and flavorful food can be enjoyed in truly every setting and is sure to please any party, event, or hungry family. Stop in for lunch, dinner, or even just to enjoy the fresh air on the expansive outdoor patio.

### Zazynia Mediterranean Grill

Flavor profile: Mediterranean Author's Pick: Beef shawarma

Atmosphere: Comfortable for both quick visits and dinner time

Take note: Zazynia also offers catering services

Across the street from the **Duvall Library**, Zazynia is a gem of a Mediterranean kitchen. Offering classic favorites from gyros to shish kebabs with an abundance of tasty sides, this is a great place for a quick bite or a good spot to hang out. Zazynia also makes take out easy, as your food is always ready in very short order.

### **Duvall Grill and Taproom**

Flavor profile: Comfort food

Author's Pick: Shiitake, arugula, leek risotto Atmosphere: Classic American family grill

Take note: Duvall Grill and Taproom has a breakfast menu

In downtown Duvall, The Duvall Grill & Taproom marks the first of two of the town's more upscale family dining options. It is split into two separates but connected storefronts, the grill and the taproom respectively. The food is classic American pub fare with a more refined twist. Pick from a wide selection of appetizers, entrees, salads, and burgers with fries for a great meal no matter how you swing it.

#### The Grange

Flavor profile: Snoqualmie Valley seasonal Author's Pick: Pumpkin drop donuts Atmosphere: Upscale and rustic with romantic balcony seating Take note: The Grange also sources from their very own farm on Carnation-Duvall Road

The second of downtown's upscale family dining options is perhaps the truest Snoqualmie Valley culinary experience Duvall has to offer. The Grange has a rapidly changing menu, as they only serve food when it is in season, and everything they serve is sourced from small local farmers in the Valley. Pair any dish with one of their many signature cocktails for the most authentic local dining experience in town.

continued on page 12





# I-X-T-A-P-A

### **Family Mexican Restaurant**

Happy Hour 3 - 6 pm Daily Lunch & Dinner Specials

**Summer Patio Seating Available** 

IXTAPA Burritos
Sizzling Fajitas
Tostadas
Appetizers
Enchiladas
Sopitos
Tamales
Chile Relleno
Tacos & Much More

15329 Brown Ave. NE Duvall, WA 98019 425-788-2235 https://ixtapaduvall.com

4522 Tolt Ave. Carnation, WA 98014 425-333-6788

Redmond Ridge 2230 NE Market Place 425-868-8283

Stanwood 9200 271st St. NW 360-629-5227 Snohomish 512 2nd St. 360-568-4522

Monroe 192 Hwy 2 360-794-8484

Clearview 18104 State Route 9 SE 360-217-7443

# Dining and Drinking in Duvall

continued from page 11

#### The Duvall Tavern

Flavor profile: American

Author's Pick: Bacon-parmesan roasted brussels sprouts

Atmosphere: Lively family-friendly pub

Take note: The Tavern has a dog-friendly patio open during

the summers

At the corner of Woodinville-Duvall Road and Main Street, Duvall Tavern is the gateway to town. This bustling family-friendly pub is one of Duvall's oldest establishments and is "World Famous since 1934." Peppered with paraphernalia from historic Duvall, the Tavern's rotating food and drink specials, make for a wide variety of dining options, in a lively space that perfectly encapsulates the essence of our town all seven days and nights, of the week.

### For an adults-only dining experience there's salvation down the road.

### Valley House Brewing Co.

Flavor profile: American Author's Pick: Lemon mousse Atmosphere: Rustic and open

Take note: During the warmer months Valley House opens

up outdoor patio seating

Since 2018, Valley House has been Duvall's one and only brewery. Offering a regularly rotating menu of snacks, main courses, desserts, and specials, this 21+ dinner destination offers enough food to comfortably pair with anything on their expansive beer menu. Located in an old print shop, and within walking distance to the Snoqualmie River, Valley House positively oozes charm.

CRAFT BEER
MADE HERE AND PAIRED WITH
FRESH & LOCAL

Spin to 10pm Weekdays
Woon to 10pm Weekends valleyhousebrewing.com

Grab a drink with good friends and great bartenders at any of Duvall's plentiful bars, taprooms, and tasting rooms.

### **Cherry Valley Winery**

Featured drink: Fifteen Finale Rosé Atmosphere: Enshrouded in the countryside Take note: Cherry Valley offers a wine club membership that gives access to special events

Nestled in the countryside, it's hard to find a more picturesque venue than Cherry Valley Winery. Though the tasting room is open only once a month, all sorts of events are hosted and the calendar is constantly updated. The wines here have been perfected with the winemakers' expert touch, and every nuanced flavor from the Rattlesnake Hills and Yakima Valley grapes shines with each sip. Cherry Valley has a wine for everyone in their small lineup with a Chardonnay, a Rosé, a Syrah, and a red blend, making every trip, and wait in between, well worth it. And if you simply can't take the wait between tasting room openings, fret not: their online shop is always open.



### Valley House Brewing Co.

Featured drink: Ombudsman Washington Common Skagit Valley Pilsner

Atmosphere: Rustic and open

Whether you're just finishing up dinner, looking for some buzzing nightlife, or enjoying a lazy Sunday, Valley House's generous list of beer on tap will have something for you. The rotating menu of the brewery's own beer showcases the many strengths of the Pacific Northwest's craft beer scene with solid IPAs, refreshing pilsners, and full-bodied porters alongside a guest menu of local draughts, craft ciders, and American classics. Loving the communal vibe and cozy interior, but not a fan of beer? Valley house also offers a selection of local wine for those who still want to revel in the culture without sacrificing their own personal tastes.

#### The Duvall Tavern

Featured drink: Suffering Bastard cocktail Atmosphere: Cozy and kitschy

Just past the family-friendly dining room is the 21-and-over bar and lounge area complete with a fireplace and a giant moose. The Tavern's bar features rotating specialty cocktails and a wide sampling of local and national beer, wine, and liquor. It's truly hard to come up disappointed after a night out with friends or loved ones at the Tavern and this is made exceptionally true by a recurring schedule of weekly specials such as five-dollar whiskey, extended happy hour, and trivia nights every Wednesday.

### **Duvall Grill and Taproom**

Featured drink: Endless possibilities at the full bar Atmosphere: Classic American pub

The Duvall Grill and Taproom is split into just that: a grill and a taproom conjoined by a common kitchen. The bar is open seven days a week and is in fact the only half of the restaurant open on Mondays and Tuesdays, lending itself to be one of Duvall's most popular hangouts. Complete with outdoor seating, a huge selection of craft beer and local wine, and an endless combination of liquor and mixers, Duvall Grill and Taproom truly has something for everyone.

### **Twin Dragon Sports Bar**

Featured drink: \$4 well drinks on Thirsty Thursday Atmosphere: Classic American sports bar

Twin Dragon Sports Bar is much like Duvall Grill and Taproom, in that it is the second half of Twin Dragon's restaurant conjoined by the same kitchen and food options. This locale is your classic American sports bar and it knows it, offering a perfect venue to watch the game, hang out with friends, play a round of pool, enjoy live music, or partake in karaoke every Thursday as a part of the weekly Thirsty Thursday special. With a near limitless variety of concoctions available at the bar, and a delicious assortment of food, Twin Dragon Restaurant and Sports Bar is a winning combination.

#### Ixtapa Cantina

Featured drink: Cadillac margherita—enjoy solo or make it a 32oz for sharing

Atmosphere: Lively and exciting

Ixtapa's fun and lively atmosphere in the dining room carries over tenfold at the cantina. An expansive cocktail menu highlights just one of the many upsides to this local watering hole. Other weekly specials include Taco Tuesday featuring one-dollar tacos at the bar, and during the football season, extended happy hour during Seahawks games. It's hard to go wrong at Ixtapa, but the wide variety of unique margheritas makes every outing here a fun one.

### The Grange

Featured drink: Garden Party cocktail Atmosphere: Low-key

Rounding out Duvall's many nightlife venues is once again The Grange. Removed from the rustic and inviting dining area is the quiet, easygoing, and even romantic bar complete with a full menu of unique house-crafted cocktails, using locally-sourced ingredients from The Grange's own farm and from around the Valley. Much the same as the constantly evolving food menu, every drink brought to your table is a work of art and a true testament to the pervasive culture of the Snoqualmie Valley. The Grange is the perfect place for a quiet date night, or a relaxing way to take a load off after work.

Feeling like dining at home? These delivery options are clutch.

### Red Pepper Pizzeria & Pasta Duvall and Carnation Station

Featured pizza: Red Wolf Special Atmosphere—Duvall: Cozy dining room Atmosphere—Carnation: Classic American diner Take note: Carnation station has local craft beer on tap

Red Pepper Pizza is the Valley's premier pizza delivery option. Located in one of Duvall's oldest main street storefronts, and in a renovated Carnation gas station, you're likely in Red Pepper's delivery range wherever you are between Duvall and Fall City. Pizza and pasta aren't Red Pepper's only choices though: an abundance of sides including sandwiches, wings, breadsticks, and cheesy bread round out a thoroughly satisfying menu that you can enjoy in one of two lovely venues, or the comfort of your own home. Just remember to tip your driver!

continued on page 14

# Dining and Drinking in Duvall

continued from page 13

#### Quiznos

Featured sandwich: Pit-smoked brisket sandwich Atmosphere: Open and perfect for a quick bite Take note: Quiznos also offers catering services

While many of the nation's fast food chains don't take hold in the Valley, Quiznos is a notable and welcome exception. Featuring a time-tested lineup of customizable sandwiches, Duvall's local franchise brings American favorites to town and to your door. Quiznos provides tasty, toasty sub sandwiches and salads day and night, all around town. It's hard to go wrong.

Cater that specialty edible work of art.

#### **BaeBae Cakes LLC**

Flavor profile: Traditional dessert Author's Pick: Chocolate cake pops

Take note: Everything ordered is delivered right to your door

A wide array of dependable dessert options is a musthave for any large gathering, work event, or celebration, and Bae Bae Cakes is here to provide. All of owner and chef Amy McHenry's recipes adhere to the Department of Agriculture's cottage food permit guidelines ensuring that every cake, cupcake, and cookie, brought to your door is shelf-stable and delicious. Chef Amy bakes and runs her business out of her home kitchen, so every dessert Bae Bae Cakes churns out is truly a home cooked treat, sure to please anyone at your party.

Start any morning right with a selection of Duvall's finest coffee and breakfast.

#### The Grateful Bread

Featured coffee: Honey nut latte Author's Pick: Biscuits and gravy

Atmosphere: Open, lively, and communal

Take note: Grateful bread features and promotes local artists

The Grateful Bread is a taste of authentic Northwest coffee in the Valley, with a shop and bakery both in town and in Seattle's Ravenna neighborhood. Pastries and bread are baked fresh each morning at a limited supply, and coffee is extremely customizable and always a wonderful way to start the day. Rarely is there not a line reaching the door at Grateful Bread, so stop in early, find a table, order some bread for later, and immerse yourself in Duvall's morning bustle.



#### **Rustic Cabin Coffee**

Featured coffee: Vanilla mocha Author's Pick: Breakfast sandwich Atmosphere: Rustic and communal

Take note: Rustic Cabin features patrons' social media posts

on a TV in their lounge area

Coffee doesn't always have to be a hurried beverage of necessity each and every morning. Rustic Cabin proves it with the sheer heart and soul they pour into every unique mug that graces their counters. In terms of likeability, the charm in this unassuming, tucked-away coffeehouse is off the charts. With good coffee, good food, and great people, Rustic Cabin's atmosphere alone is a perfect pick-me-up sure to salvage any dreary morning.

#### **Anchorhead Coffee**

Featured coffee: Narwhal blend

Take note: Anchorhead is sourced locally and is available at

the local Family Grocer

With no storefront to speak of, Anchorhead's production facility in town embodies the Valley's culture of self-sustainability and pride. Refining seasonal coffee beans into grounds and cold brew, Anchorhead weaves its way into the very fabric of the town's collective palette. Found in staples such as the iconic **Duvall Family Grocer** and mixed into local brews and liquors, this coffee is a full sensory experience every time.







### Indoor Family Fun in the Valley: Arts & Fitness

By Kathleen Robertson - Duvall Performing Arts

Our beautiful Valley brings many things — afternoons at the beach, strolls along the Snoqualmie Valley Trail, colorful leaves, pumpkin patches, and if we're so fortunate, eventually snow. When the weather takes its turn and we gather indoors, many families look for activities close to home to stay busy during our cold winter months. Duvall and the Valley are filled with many family friendly options that can keep your toddler, preschooler, or any member of the family busy and active.

Family-centered activities can be important for child development, can foster a sense of community, and can create a sense of connection for families. From families taking an art class together, to performing in our community theater productions, playing at an indoor play space, or taking a fitness class together, it is proven that these activities build lasting memories and build family connection.

If you and your family want to get your creative juices flowing, take advantage of Duvall's many art-centered activities; places like the Northwest Art Center, Cascade Community Theatre, or Snoqualmie Valley Music will be right up your alley. The Northwest Art Center has both classes for kids and fun for the entire family. Your art-loving child can take classes in pottery, photography, drawing, and so much more. Need

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something to do with the entire family? Head to the Paint Your Own Pottery Studio and get creative. Be sure to try out the Splatter Room while you are there! Have you ever wanted to try your skills up on the stage or even behind the curtain? Cascade Community Theatre is ready for you! They have youth classes or you take the whole family and get involved in an upcoming play! Prefer to just watch? Check their website for their upcoming productions and go take in a show. If you are wishing to bring more music to your life, Snoqualmie Valley Music can make that happen for you and your young children. They offer classes in piano, keyboard, voice, and drama teaching babies through grade schoolers. Your child will leave Snoqualmie Valley Music with a solid musical foundation that will last a lifetime.

Have a budding dancer in the house? Does your little one like to twirl and keep the beat? Do YOU? **Duvall Performing Arts**, **T.J. Dance LLC** and **Vitality Dance Center**, **LLC** can get you moving! Each studio offers a variety of classes for toddlers through adults. With everything from jazz, ballet and hip hop to Parent & Tot, and Musical Theatre, dancing fills your soul and the benefits will last a lifetime.

When it comes to staying active and fit, our local favorites are **The Yoga Garden**, **Duvall Fitness**, and **The Studio**, **LLC**. For adults only; these facilities offer a variety of fitness classes. With everything from yoga, spinning, kickboxing, and barre, these classes will keep you fit all year long.



For kids and adults that are looking to get focused, get the wiggles out, and get connected, try a class at **Duvall Karate** or the **Northshore YMCA**. Duvall Karate caters to families of all ages. This traditional martial arts form will help you get centered and strong. The Northshore YMCA has classes in basketball and volleyball and after-school enrichment programs at their facility in Bothell.

It might be too cold or rainy outside, to head out, so why not take advantage of the active and fun ways our Duvall Chamber Members can offer you and your family to stay IN!?



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# Duvall Celebrates 20 Years of Summer Stage!

By Kass Holdeman - RE/MAX Northwest

SummerStage, Duvall's highly popular free summer concert series by the City of Duvall's Cultural Commission, celebrates its 20th anniversary this year! SummerStage's popularity comes from the relaxed family atmosphere, where friends, and neighbors meet, celebrate, and listen to great live music. Its focus is on bringing regional performers to Duvall that would typically play in Seattle venues. SummerStage began in 2001 when then Mayor Glen Kuntz, asked Arts Commissioner Carolyn Butler, if summer concerts could be held in McCormick Park. After learning about producing arts events, Carolyn established the SummerStage concert series on Wednesday evenings. Performances took place at the beach side of McCormick Park with an intimate feeling, and emphasis on high quality production.

Over the years, performances have ranged from Shakespeare to jazz orchestra and rock guitar, and have included Grammy Award nominees, and Rock and Roll Hall of Fame inductees. Local businesses have shown strong sponsorship support, ensuring program integrity, as City staff, event partners, and volunteers have attended to every detail. As Duvall has grown, so has the SummerStage experience. In 2014, the event was moved to the larger side of McCormick Park, with an enthusiastic response. The

new space was enhanced in 2015 with the addition of the Rotary Beer & Wine Garden, food trucks, and golf cart rides for the mobility impaired. The most recent addition to SummerStage came in 2018 with the new Showmobile stage thanks to support from 4Culture, City of Duvall, WA State Dept. of Commerce, and many local donors and volunteers.

Mayor Amy Ockerlander, who has long supported the program, says, "This event has exploded in popularity over recent years, and truly brings our community and region together. The pride in SummerStage has helped make it sustainable over the long term, even during times of economic hardship. I am excited for the 20th Anniversary celebration as we welcome new community members to this long-standing tradition."

This season will include something special to commemorate the anniversary, so look for announcements on the Duvall SummerStage Facebook page and our website at *summerstage.net*.

SummerStage takes place on Wednesday evenings in July and August. Funding for SummerStage has come from 4Culture, community business sponsors, the City of Duvall, and donations from our patrons. We look forward to seeing you in the park!



### History of Duvall Street Names

By Duvall Historical Society and Kirsten Lints – Gardens ALIVE Design

Erv Harder was the Mayor of Duvall (1975-1985) when the rules of procedure to create a list of street and topographical names were typed on a typewriter. Around this time the new town hall was built, and the name was changed from "The Town of Duvall" to "The City of Duvall".

A screening panel of seven were designated by the Board of the Duvall Historical and Old Stuff Society, the majority of which shall be city residents. A telephone poll was considered sufficient, among the panel, if a majority reaches accord.

The following list of names were chosen as local City of Duvall street names:

- 1. Allen: (Horatio Lynsander Allen) 1851-1916 Born in Howard Lake Minnesota. Traveled to San Francisco then sail boated north for two years before landing in Duvall. He arrived with \$2 in his pocket. In 1902, Horatio was on a committee with historians such as; Milo Clark, Alfred Pickering and Joh Dougherty. The committee was to find dryer ground than the cemetery located up Cherry Valley Road. The Allens lived on the River Road till 1903 when he purchased 400 acres on Cherry Creek to raise Jersey cattle. He and his son Harry platted Duvall. He was on the school board and on the Board of Directors of the Duvall State Bank.
- **2. Miller:** (Alvie) He lived on the Pole Line Road a quarter mile out of Duvall. He was a farmer, granger, Teamster and did all kinds of work around Duvall.
- 3. Roney: (Cora) Cora was part of the all-women Duvall City Council with Mayor Mrs. Mable Bourke and helped bring the first public library built in Duvall, which opened in 1933. She followed as mayor after Mable. She was the mother of King Co. Superior Court Judge Ward Roney. 4.Manion: (A.P.) Opened the first hardware store in Duvall. The building was later owned by E.J. Baker and it burned in 1924, and was re-built with the grange occupying the hall upstairs. The Manion's lived in the home they built in 1912 on 3rd and Stewart.
- 5. Anderson: George Monroe Anderson came to Duvall with his father in 1913. He implemented the electrical system for the Town of Duvall. The power came from the shingle mill by the river, not far from the water supply system. In 1919 he and his father, T.A. Anderson purchased the building on the corner of Main and Stewart that had been built for use as a Moose Hall. From 1919 to 1946, that building was known as Anderson Garage. George Anderson through those many years served the Town of Duvall well. He maintained the pump at the well, the town's water supply. He worked on broken water mains, many times through the night when work was done by hand. The old records show he also served as Councilman.

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# Enjoying the Arts in Duvall

By Geraldine Banes – Studio Beju and Terri Muharsky – The Northwest Art Center

Duvall is a beautiful, warm, and unforgettable experience. This small town is chock-full of creative-types and places that support them. It may take more than a day or two wandering around our little city to realize what a gem we have in this valley. Duvall has great locally-sourced food served with style. Duvall is rooted in farm, country, and small-town history. The Snoqualmie River running through Duvall is a continual source of creative inspiration and is the backdrop to events like *SandBlast*, *SummerStage*, *En Plein Air painting*, and so much more! Alive with music, art, crafts, and events, Duvall is a place where residents find deep satisfaction in commitment to community.

Check our *Annual Events Calendar on page 3* for upcoming 2020 dates and websites for more information.

### **Art Centers and Venues showcasing Local Visual Art**

One of the most prominent Centers for Art in Duvall is the non-profit Northwest Art Center, or NWAC. Over the last 15 years, it has grown significantly and now has two venues: the art school and Studio on Main. The school, located on lower Cherry Street, provides art classes to people of all ages, covering a wide variety of media from drawing to ceramics to 3D modeling. The other venue is Studio on Main where the public is welcome to paint their own pottery, do a rock painting, create mosaics or miniature paintings, and enjoy "The Splatter Room" (think Jackson Pollock). You can just drop in and make something great; no appointment necessary! They have recently formed a partnership with Bridge of Promise and Tabon to offer classes to people with disabilities. Annually, they host the Art in the Heart of Duvall Fundraiser Auction to support the NWAC's nonprofit efforts. The NWAC is a Duvall Chamber of Commerce *Member* and is involved in many community art events including wine and paint nights, open studio days, and the annual Art Walk.



The NWAC also hosts the **Duvall Foundation for the Arts** (**DFA**) and through DFA, the Duvall Creative Arts Guild (DCAG). Both DFA and the DCAG are proud to show their members' works throughout Duvall in businesses and at events.

**Studio Beju**, located on the corner of Cherry St. and Main St., is another venue for local artists and creative-life practitioners. Studio Beju regularly hosts Featured Artists in a gallery style format (rotated every 2 months) and showcases them on their website (studiobeju.com), FaceBook, and their monthly "Circle" newsletter. You can experience crafting afternoons, makers markets, pop ups, and Featured Artist receptions, all offered to support Studio Beju's wellbeing lifestyle philosophy that a creative life is a happy one. In addition, for the last few years Studio Beju has partnered with Nadja Wilson of Carnation Farms, NWAC, and independent artist Badieh Bryant to organize the annual Duvall Art & Wine Walk. It is a great event that brings in people from all over to sample the local wine, engage with local artists, and enjoy impromptu music that moves from business to business. Studio Beju is a Chamber of Commerce member and takes pride in hosting and supporting community events.

If you take a short walk down the Historic District on Main Street, you can see the presence and influence of the artist community. You will find hand carved plaques on street lighting created by several local artists. Here and there around town and the river trail are wood carvings and installation sculptures by local artist/entrepreneur Dan Cautrell. Works by DCAG, DFA, and independent artists are currently on display at The Grange, Duvall Grill and Taproom, Grateful Bread, and Duvall Flowers & Gifts to name a few, and often on rotation. You'll see local art at the RE/MAX Northwest office, within Duvall Advanced Family Eyecare, at EvergreenHealth Primary Care, Duvall and on the walls of the Valley House Brewing Co.

#### Music & Dance Centers, Venues, and Events Showcasing Local Performing Arts

Art & music go together like wine and chocolate. You can find live music around town in the **Duvall Tavern**, the **Valley House Brewing Co.**, and other venues. There are places to learn to play like **Snoqualmie Valley Music, LLC** with classes for music, movement, piano summer camps, voice training and ukulele lessons for young people.

Just outside of Duvall is **Top of the Hill Music**, a full-service recording studio where you can record an album, edit it, do voice overs, or rent it for a concert or rehearsal space.

Music really comes into play at the incredible *Sandblast Festival of the Arts* (run by the DFA) and *SummerStage*, a series of free concerts (run by the Duvall Cultural Commission). Hosted at McCormick Park in the summer you get to soak up the sun, enjoy music and dance on the banks of the Snoqualmie River.

Don't forget our annual *Duvall Days Festival*. A long-established tradition, Duvall Days is a fun-filled family festival celebrating the small-town community spirit of Duvall. The annual two-day event kicks off with a big parade on the first Saturday morning of June and then continues all day Saturday with fun activities for folks of all ages. Main Street is closed to traffic and becomes a pedestrian mall lined with vendor booths, live music and dance performances, kids' play zones with bouncy houses, an inflatable obstacle course, food vendors, a beer garden, and more. Day two includes **REF Run**, a series of races to benefit local education hosted by **Riverview Education Foundation**, as well as the highly anticipated annual Pancake Breakfast hosted by our local **Duvall-King County Fire District 45** department.

## Main Events Overview SandBlast Festival of the Arts – July

For over 25 years this **FREE** outdoor arts festival features live music, local artists, theatre performances, food and wine, and of course sand sculptures carved in real time on the beach! Organized by **Duvall Foundation for the Arts** (**DFA**), this two-day event is held every July, at McCormick Park (26200 NE Stephens St, Duvall) along the shore of the beautiful Snoqualmie River. A must-see for the whole family! Check *duvallarts.org* as the event approaches, for more information on the specialty event timing.

### **Summer Stage: A Summer Concert Series – July and August**

McCormick Park is once again the venue for this rich and varied musical event. Family friendly, bring a blanket, folding chairs, take-out from up the street, and enjoy spending several beautiful summer evenings entertained by live music performances. There's also a beer & wine garden hosted by the **Rotary Club of Duvall**!

Check *summerstage.net* for the 2020 musician lineup.

### Art in Bloom: A Garden Art & Sculpture Event – August

This unique art show displays various local artists, including sculptures and other outdoor art, many for sale, in a relaxed outdoor setting. This art show takes place in August, over the course of 3 days. The event is open to the public and admission is free, after the ticketed opening night gala. Go to *duvallarts.org* for details, cost and online ticket purchasing.

### **Duvall Art & Wine Walk – Early September**

Historic downtown Duvall bursts with talent and beauty during our Duvall Art & Wine Walk. Hosted by many participating business venues along Main Street, it's a great event to support local artists and businesses alike. Getting out of down town early in the day, you may see artists painting down by the river or in the fields for the "En Plein Air Paint Out". If you join the festivities later in the afternoon you can purchase tickets for wine tastings at the Duvall Visitor Center. You can follow a walking tour map to the participating businesses where you will have opportunities to meet and greet local artists, listen to street musicians and acapella groups, eat a delicious dinner at our local restaurants, and savor the wines of our valley. Check duvallculture.org in late summer to confirm dates/times.







### Resolve to Get Involved in Our Community

By Laura Smith - Snoqualmie Valley Community Network

The Snoqualmie Valley has many opportunities for you to volunteer and get involved locally. We want you to Resolve to get Involved! Whether it's building a community arts center, assisting those in need, becoming a community van driver, mentoring a local student, or helping our seniors thrive, there is a place for everyone who wants to give back to the community.

Many non-profits in Duvall and the surrounding area need your time, energy, and donations. In fact, there are over 35 different non-profit groups in Duvall that give you the opportunity to get involved, in all kinds of ways. Whether it's a one-time event or an on-going interaction, go ahead and get involved Duvall. Just take a look at all the ways you can help! You can find links to these organizations on the Duvall Chamber of Commerce Volunteering page: (http://bit.ly/DuvallChamberMembers).

### Want to help families and community members in need?

Acres of Diamonds, located in Duvall, provides a loving, safe, and nurturing environment that allows homeless women to break the cycle of addiction, violence, poverty, and homelessness.

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The Snoqualmie Valley area is also home to **Hopelink**, an outreach program that serves low-income families, children and seniors throughout north and east King County. First, Hopelink services help clients achieve stability through the provision of basic needs, such as shelter and food. Second, clients are equipped to exit poverty through the acquisition of skills and knowledge that can permanently change their lives.

Another way to give back to your community is through a church or place of worship. Many local houses of worship have missions for helping others in our community. They provide a great way to get involved in something meaningful.

### Interested in supporting the Arts?

The Northwest Art Center is dedicated to providing a range of art classes, workshops and community events for all ages including a digital arts program. Along with financial support and donation of art supplies, you can help by teaching a class, providing administrative support, or volunteering at an event. **Duvall Foundation for the Arts** organizes some of Duvall's premiere community events including Art in Bloom and the SandBlast Festival of the Arts.

You can help with organizing, marketing, and staffing these wonderful events, or just help clean up afterwards. The Duvall Cultural Commission (DCC), supported by the City of Duvall, organizes SummerStage concerts in McCormick Park and various public art projects around the city. If you have an interest or skills in visual art, public art and performance, the graphic arts, writing or working with young people, the DCC wants you!

Did you know that Duvall has its very own local theatre company? Cascade Community Theatre (CCT) offers the organic theatre experience right here in the Snoqualmie Valley! Opportunities in the theater community are endless. Try your hand at set building, music, lighting, direction, or costume design. And of course, you can get on stage as a character in one of their productions. If greasepaint is in your blood, CCT is for you!

Did you know we have a local radio station? KAPY Valley 104.9 LPFM Community Radio is a community-based volunteer 100-watt Low Power FM (LPFM) radio station with the goal of providing programming content serving Carnation, Duvall, and parts of Redmond Ridge. Valley 104.9 is focused on local valley content, compelling news, captivating talk and Northwest eclectic music. All shows are locally produced, performed, and created by creative residents. This means you can help! Create content, help fundraise, provide technical support, or help keep the station compliant with the FCC. Your community radio station!

### Does working with young children or youth in our community and schools sound exciting?

**Duvall Cooperative Preschool (DCP)** is a local preschool where parents are also part of the staff. DCP believes children learn best through hands-on experience. The curriculum reflects the developmental needs and abilities of the children they are teaching.

Hillside Academy is a private Christian school that builds future innovators through a project-based learning approach emphasizing academics, problem solving, creativity, social skills, faith, and character development. You can help inspire students by helping with events or participating in fundraising activities like their annual Costume Bowl.

Riverview Education Foundation (REF) enhances the educational opportunities of Riverview School District students. Your financial support and volunteer hours mean that REF classroom, and school enrichment grants can support a broad range of projects and materials that enhance the District curriculum, and actively engage students in learning. Another fun way to support REF is by attending one of their events, such as their annual Golf tournament or REF Auction.

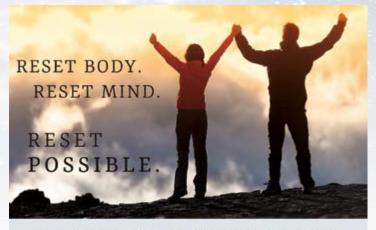
The Snoqualmie Valley Community Network (SVCN) is a group whose mission is to promote and inspire youth to lead safe, healthy and successful lives. SVCN has six core youth development efforts: Youth Suicide Prevention, Substance Abuse Prevention, and Youth Success! Mentoring, Youth Leadership Development, Pathways to Employment Success & Weekend Power Packs. SVCN is currently seeking mentors for local students. This small time commitment can make a big difference to a local child. Additionally, SVCN works to build community collaboration throughout the Snoqualmie Valley.

### Maybe sports, health, and fitness are your passion?

The Northshore YMCA is an organization of men, women, and children with a shared commitment to nurture the potential of youth, promote healthy living, and foster social responsibility. There are lots of ways to support The Y. Coach, lead a youth program, serve on the board, or simply join as a member. The Y runs on people power!

Youth sports programs like Snoqualmie Valley North Little League give kids many recreation choices. Coaches, registrars, and administrators are always in high demand, along with referees and umpires.

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### Resolve to Get Involved in Our Community

continued from page 23

### Are you looking to have an impact on the broader community?

The **Duvall Chamber of Commerce** promotes local businesses and the economic health of Duvall. It does this through programs such as monthly educational meetings and networking events for business owners. The Chamber hosts several annual community events as well, like their highly anticipated annual Halloween Kids Party, Downtown Duvall Halloween Trick or Treat, Light Up Duvall activities and volunteers of all ages are welcomed to help light up Main Street, and participate in the Light Up Duvall – Community Celebration procession to celebrate the season!

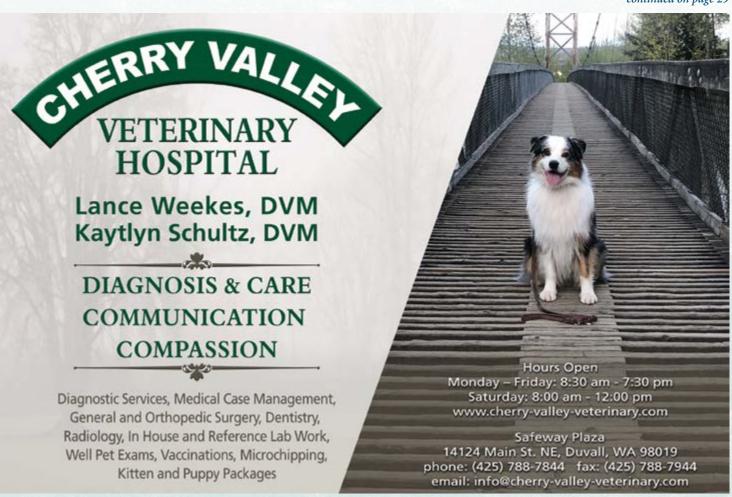
The Rotary Club of Duvall is the local branch of a worldwide organization of business and professional leaders united to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Preparing and serving breakfast on Veteran's Day or helping run the Beer Garden at SummerStage are just a couple of the fun and rewarding ways you can participate in the Rotary.

The **Duvall Days Festival** team thrives on volunteers, yearround to prepare and run the annual Duvall Days event in June! Duvall Days provides unique opportunities to help with the parade line up, crowd control, organizing other volunteers, and working with vendors.

The **Duvall Community Van** is driven by the community, for the community! All trips are driven by Volunteer Drivers who are community members like you. There is no obligation to drive for a certain number of trips as drivers choose which trips to drive for and how often. King County Metro provides the vans, gas, insurance, and maintenance. You provide the driving skills! Help your neighbors get to destinations such as the grocery store, senior center, food bank, museums, airport, and more! You can even initiate your own trips to use the Community Van for excursions with your loved ones. Contact them to get started!

P.E.O. Chapter HW Snohomish, WA, is a philanthropic educational organization where women celebrate the advancement of women; educate women through scholarships, grants, awards, loans and stewardship of Cottey College; and motivate women to achieve their highest aspirations. P.E.O. is one of the oldest women's organizations in North America. What started as a bond of friendship among seven young women in 1869 has grown to almost 6,000 local chapters with more than 225,000 members in the United States and Canada. P.E.O. is a source of encouragement and support for women, both

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# A Pet-Friendly Valley

by Michelle Gengler, DVM - Duvall Veterinary Hospital

Harness? Yep, on and snugged down. Leash? Check. Poop bags? Securely in coat pocket! OK! You now are ready to head out and explore Duvall!

Walk along Main St and stop for a bite to eat with your dog at one of these wonderful restaurants: Amonos Mexican Kitchen, The Duvall Tavern, Red Pepper Pizzeria & Pasta, The Grange, Thai Duvall, Twin Dragon Restaurant & Sports Bar, Duvall Grill and Tap Room, or Valley House Brewing Co, all of which offer casual outdoor seating where pets are welcome in accordance with state law. If you have specific questions about your pet dining with you, contact the management at that location.

While out and about, explore Rocking 'E' Feeds, Duvall Ace Hardware & Garden, Safeway Duvall and Duvall Family Grocer, all of which have pet foods, toys and other pet supplies. Be sure to stop in to Best Buddy Dog Wash before and after your trip – first for toys, then after for a clean-up in their self-service dog wash! If you're heading up to Redmond Ridge, pop in to Wag N'Wash Natural Food & Bakery for Natural Pet Food, Self-Wash, Full-Service Grooming and Fresh, in-house baked treats and birthday cakes for cats and dogs.

Need to schedule an Annual Exam and get some parasite prevention for your pet? Duvall is lucky to have two great veterinary hospitals, Cherry Valley Veterinary Hospital and Duvall Veterinary Hospital. Each will take great care of your family pet, with routine and preventative services, dental cleanings, and surgical care for small animals. If you have horses, Dr. Larry Pickering is here to help with your hoofed friends at Equine Medicine and Surgery.

If your explorations take you to the north end of town, be sure to check out Duvall's new Off Leash Dog Park, located on NE Cherry Valley Rd. The community members worked together to create this fun space, and the local pups love it!

In between walks, if you need to be away for work or vacation, there are several local services to make sure your dog still enjoys great company and play time! Camp Charlie offers pick up and drop off to their 37-acre dog playground where dogs can run, swim and play. Golden Leash Pet Spa & Getaway offers air-conditioned and heated mini apartments for your pet in a quiet and relaxed atmosphere. All About Dogs Boarding & Daycare can help you with your pet for group play days, during work, or longer stays!

Duvall, and the surrounding Valley, is very Pet Friendly! Our charming little town offers many ways to pamper, treat, care for, and spend time with your pets, whether you live in Duvall or are just visiting.

continued on page 28



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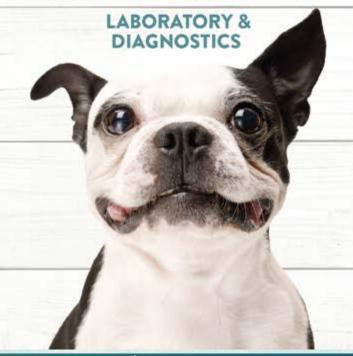
26415 NE Valley St/PO Box 56 Duvall, WA 98019 Mon - Fri: 8:30am - 6:00pm | Sat: 9:00am - 12:00pm

### WELLNESS & PREVENTIVE CARE

MEDICAL CASE MANAGEMENT

LASER THERAPY

**HOSPICE & END OF LIFE CARE** 



#### continued from page 27

# A Pet-Friendly Valley

Check out this detailed list of pet-focused and pet-friendly businesses below:

#### **Veterinary Care**

- Cherry Valley Veterinary Hospital
- Duvall Veterinary Hospital
- Equine Medicine and Surgery

#### **Boarding**

- All About Dogs Boarding & Daycare
- Camp Charlie
- Golden Leash Pet Spa & Getaway

#### **Grooming, Toys & Treats**

- Best Buddy Dog Wash, Duvall
- Wag N' Wash Natural Food & Bakery, Redmond

#### **Pet Supplies**

- Rocking "E" Feeds
- Duvall Ace Hardware & Garden
- Duvall Family Grocer
- Safeway Duvall

#### **Pet Friendly Restaurants**

- The Duvall Grill and Tap Room, pet friendly patio
- The Duvall Tavern, pet friendly patio
- The Grange, pet friendly patio

- Red Pepper Pizzeria & Pasta, pet friendly outdoor seating
- Thai Duvall, pet friendly patio
- Twin Dragon Restaurant and Sports Bar, pet friendly patio
- Valley House Brewing Co, pet friendly
- Zazynia Mediterranean Grill, pet friendly, call first
- Amonos Mexican Kitchen, pet friendly outdoor seating

#### **Parks**

- McCormick Park, walking path and riverside beach
- Duvall Dog Park, unofficial park and Snoqualmie Trail
- Cherry Creek Falls, hiking trail
- Duvall Dog Park, Off Leash Dog Park





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Early morning grooming appointments start at 9 am. Call to schedule yours!

Go to our website, bestbuddydogwash.com for a \$10 first visit gift certificate

### Resolve to Get Involved in Our Community

continued from page 26

for members in chapter life and for women who benefit from philanthropic assistance as they strive for educational advancement.

### Perhaps you are an avid reader or history buff?

Get involved with the programs, activities, and resources for all ages at the King County **Duvall Library**.

The mission of the **Duvall Historical Society** is to preserve, record, publish and promote appreciation of the history of Duvall, the community the pioneers knew as Cherry Valley, and the lower Snoqualmie Valley. Volunteer opportunities for the historical society include being a docent at the local Dougherty House, helping clean and maintain historical buildings, archiving historical artifacts.

The Novelty Hill Cemetery is where Duvall's history sleeps. The pioneer section includes members from the original Cherry Valley cemetery transferred in 1909. The natural setting on 14 acres is a peaceful place to visit. Yearly events include Memorial Day Salute, Headstone Spring Cleaning, Twilight Tour, and Wreaths Across America.

### Would you like to ensure your family and neighbors are safe in a potential disaster?

Organized in 2002, the Carnation-Duvall Citizens Corps Council exists to make the community safer, stronger and better prepared. In response to the national request for Americans to work together to strengthen our communities, Carnation and Duvall residents have established a nationally registered Citizen Corps Council to assist in the coordination and dissemination of local volunteer emergency response opportunities and information in the Carnation-Duvall area. You can volunteer to help organize or conduct trainings, run programs, or get prepared yourself by taking Community Emergency Response Team (CERT) training.

### Do you know a senior that you could help?

Sno-Valley Senior Center works to inspire, support, and empower seniors to lead healthy, enriched lives. Open Monday through Friday from 8am to 3:30pm, there are programs, classes and trips members may participate in throughout the day. Members can try exercise classes, Wii bowling, and Scrabble or take a trip to popular destinations throughout the Seattle area. You can join the Senior Center at any age. Come by to show someone how to use a computer, help with crafts, or simply stop by for lunch and a friendly conversation.

### Do you have a passion for the environment and nature?

Living in the Northwest, you cannot help being in awe of the beautiful surroundings. There are numerous volunteer opportunities to help keep our natural settings pristine. The Wilderness Awareness School is a national non-profit environmental education organization established in 1983. Based in Duvall, it is dedicated to caring for the earth and our children by fostering understanding and appreciation of nature, community, and self. Support the school through donations or volunteer to help with a summer camp. You can also participate in the Cascade Wildlife Monitoring Project, where volunteers track mammals in the Cascades and monitor their activity.

The Mountains to Sound Greenway Trust leads and inspires action to conserve and enhance the landscape from Seattle across the Cascade Mountains to Central Washington, ensuring a long-term balance between people and nature. This landscape is supported by a broad cross-section of society, working together as an effective coalition to preserve this heritage for future generations. Volunteers help plant trees, represent the Trust at events, or help run the office.

The mission of Oxbow Farm and Conservation Center is to educate people on the importance of environmental stewardship and healthy food, to reconnect us to the land and our local sustainable food supply, and to inspire us to take action in our daily lives and in our communities. Oxbow's education programs provide an opportunity for you to help with summer camps, work with educators during school field trips, or assist with upkeep on this real working farm.



### YOUTH PROGRAMS

CHOOL-YEAR & SUMMER CAMPS FOR AGES 4 TO 1

### **ADULT PROGRAMS**

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# Duvall Demographic Quick Facts



### Parks & Recreation in Duvall

#### Parks within Duvall city limits

- 278th Avenue Sports Court
- Big Rock Ball Fields
- Dougherty Farmstead
- Duvall Park
- Hix Park\*\*
- Lake Rasmussen Park
- Skyline Heights Park\*\*
- Taylor's Landing\*\*
- Tuscany Hills Park\*\*

- Alva Miller Park
- Depot Park
- Duvall Dog Park
- Fox Hollow Park\*\*
- Judd Park\*\*
- McCormick Park
- Taylor Park\*\*
- Taylor's Ridge Tot Lot\*\*

### **Public Parks within 20 minutes of Duvall city limits**

- Lake Margaret (Duvall, unincorporated King County)
- Al Borlin Park (Monroe)
- Lake Tye Park (Monroe)\*\*
- Lewis Street Park (Monroe)\*\*
- Skykomish River Centennial Park (Monroe)
- Chinook Bend Natural Area (Carnation)
- Tolt MacDonald Park (Carnation)\*\*
- Cottage Lake (Woodinville)
- Paradise Valley Conservation Area (Woodinville)
- Farrel-McWhirter Farm Park (Redmond)\*\*
- Perrigo Park (Redmond)\*\*
- Redmond Watershed Preserve (Redmond)
- \*\* Indicates they ALSO have a Playground at this location



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### History of Duvall Street Names

continued from page 19

**6. Beadonhall:** Mr. Beadon Hall was born in Nebraska in 1887. He was a graduate of the University of Nebraska and moved from there in 1908. He established the Duvall State Bank in 1912, the Tolt Bank in 1918, followed by forming banks in Snoqualmie, North Bend, Issaquah, and Bellevue. Branches were set up at Mercer Island and Eastgate in 1955. In 1956 the Seattle First National Bank bought out the Holt Banking chain. At that time Hall was made Vice President of the First National Banking chair and remained in Snoqualmie until he retired in 1962. He devoted a good deal of time to the Methodist Church both at Duvall and Snoqualmie. In 1912 he married Mable Morse who passed away in 1935 leaving two daughters. Hall died December 19, 1976.

**7. Comegys:** (Roy) Past school director and clerk of the Cherry Valley Townsite Company.

Other names that have been used who were local residents include: Taylor, Bird, Stewart, Virginia, Cherry, Stella, Kennedy, Richardson, Brown, Dorothy, Park, Valley, Stephens, and Burhen.

All of the original listed names and descriptions can be found in the official publication of the Duvall Historical & Old Stuff Society, First Volume, pages 16 & 17, sold at the Duvall Drug Store. For more information please visit the **Duvall Historical Society** website at: www.duvallhistoricalsociety.org.







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### Getting Around the Valley — Transportation Options

by Bree Boyce - Duvall Community Van

You might be surprised to find out that you have some great transportation options in Duvall!

#### Take the bus

**Snoqualmie Valley Transportation (svtbus.org)**, in cooperation with King County Metro Transit, Mt. Si Senior Center, and the Snoqualmie Tribe, provides door-to-door and fixed route services.

- Services are available Monday through Friday between Monroe and Duvall every 90 minutes; \$1 suggested donation per trip
- Door-to-door services, Monday through Friday, throughout Duvall, Carnation, Fall City, Snoqualmie, and North Bend for \$1
- Use the shuttle to get to medical appointments, grocery stores, jobs, or other activities
- All buses are lift-equipped and have bike racks
- ORCA cards not accepted
- More info at www.svtbus.org or by calling (425)-888-7001

King County Metro (http://tripplanner.kingcounty.gov/) provides Duvall with bus service via two routes. All King County Metro buses have bike racks, and fares start at \$2.75, with reduced fares for youths, seniors, low-income, and persons with disabilities.



- Route 224 takes you to Redmond, via Redmond Ridge
  - ~ Monday through Friday with service every 90-100 minutes from 5:30 am to 8 pm.
  - ~ This is a DART route that offers a limited number of off-route deviations
  - ~ Call 1-866-261-3278 to reserve a deviated pick-up
- Route 232 provides service to Redmond and Bellevue, via Cottage Lake
  - ~ Monday through Friday during peak hours only: AM services from 5-8am and PM return trips from 4-6pm

Please check King County Metro's website for the latest route information.

#### Rideshare

If taking the bus does not meet your needs, consider participating in a rideshare. You can find groups looking for additional riders by using **RideShareOnline.com**.

Duvall Community Van (www.hopelink.org/community-van) is a pilot program between King County Metro Transit and the City of Duvall to provide residents with customized options for getting around when bus service doesn't meet their needs.

- All trips are driven by Metro approved Volunteer Drivers and depend on volunteer availability
- All trips require at least 2 riders, must begin or end in Duvall, and can travel anywhere within a 2-hour destination of Duvall
- All trips are open to the public and there are no eligibility requirements to ride. Accessible accommodations available upon request
- Fare is \$2.75 round-trip, regardless of time or distance. Fare types include Transit GO mobile tickets, any monthly ORCA card, or Human Services Bus Tickets
- Request a Duvall Community Van trip at least 2 business days in advance by contacting: communityvan@hopelink.org or (425)-943-6721.

### Options for older adults and people with disabilities

### **Hyde Shuttle**

- Sound Generations provides this shuttle service for individuals 55+ and people with disabilities of all ages
- Rides available on weekdays from 8am to 4:30pm
- · Rides are free but donations are welcome
- Schedule at least 24 hours in advance by calling: (206) 727-6262
- website: http://www.seniorservices.org/

#### Access

- Run by King County Metro, Access provides paratransit service to people with disabilities who are determined unable to use fixed-route buses
- Access can take you to/from anywhere Metro bus or rail services go
- For more info and reservations call the Access Transportation Line at 1-866-205-5001

#### **Volunteer Transportation**

- Run by Snoqualmie Valley Transportation, volunteers use their own vehicles to provide transportation for King County residents age 60+ to and from medical appointments
- Available Monday through Friday from 8:00am-5:00pm
- Schedule at least 1 week in advance by calling: (425)-888-7001

#### Safe2Go Driving School

Safe2Go Driving School wants to ensure everyone feels safe on the road. Their nearest location to our valley is their Monroe office. Services include DOL testing, teen classes, and adult lessons. Find more information on their website www. safe2godrivingschool.com or by calling (360)-794-7233.

#### **Snow routes**

We don't get a lot of snow in Duvall. Thank goodness! But, when we do, it is important to know the snow routes that the City of Duvall has in place. These are the streets that get the quickest attention for plowing, sanding, and de-icing. You can find the city's **Snow Route Map** on **www.duvallwa.gov** 

Stay up to date with current transportation options by visiting Snoqualmie Valley Transportation Coalition's website, www.GetAroundtheValley.org, and navigating to Transportation Options.

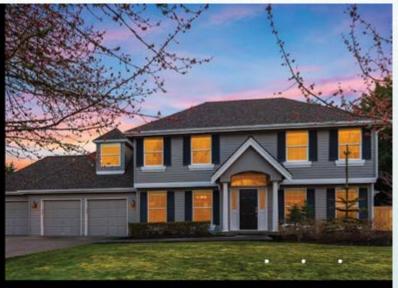


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# Best of Duvall Police Department Blotter!

By Commander Snow

Fugitive arrest- 08/30/2019 @ 10:58AM near the 15000 block of brown Ave. NE: Officer contacted a male who was involved in another incident involving a suspicious person. Officer checked the male's name and he had a warrant for possession of drug paraphernalia. Officer arrested the male on the warrant and he was transported to jail. Officer took a backpack to search pending approval of a search warrant. Officer later searched the backpack after approval of a search warrant and located numerous drug paraphernalia items. Officers also located one "Get Out Of Jail Free" card which was not used.

Malicious mischief- 08/02/2019 @ 10:21PM: Officers dispatched to report of malicious mischief at Main Street NE and NE Kennedy Drive. Reporting party stated that he was driving northbound on Main Street NE and his vehicle was struck by airborne vegetables. Officers checked the wooded area but were unable to locate the offenders.

Lockout- 05/10/2019 @ 8:56AM near the 15700 block of Main Street NE: Did you know the Duvall Police Department will assist you in opening your vehicle if you lock your keys inside? Well on this day a driver found out we do and the officer was quickly able to open the vehicle.

COP activity- 05/04/2019 @ 9:39AM at Cedarcrest High School: Officers spent time at Little League baseball games and operated a handheld radar unit for baseball speeds. One officer may have thrown their arm out trying for a high speed.

Malicious mischief- 03/24/2019 @ 11:39AM near the 26400 block of NE Allen Street: Officer was dispatched to a malicious mischief report. Officer contacted the reporting party who said someone had drilled a hole in his vehicle's gas tank and all the gas was taken. Cost to replace the gas take was more than the amount of gas in the vehicle, totally not cool to steal something that's not yours!

Traffic offense- 03/20/2019 @ 9:15AM near the 27700 block of NE Cherry Valley Road: Officer stopped a vehicle for speeding, and determined the driver did not have a required ignition interlock device. Officer will forward charges to the prosecutor. Probably not a good idea to speed through a school zone if you are violating court ordered requirements to drive.

Fugitive arrest- 03/04/2019 @ 4:23AM near the 14800 block of Main Street NE: While investigating a traffic infraction, officer discovered the driver of the vehicle had an outstanding warrant. Officer transported the driver to King County Jail. If you have a warrant, probably not a good idea to speed!

Residential alarm- 01/23/2019 @ 12:25AM near the 26500 block of NE 146th Place: Officers responded to a residential alarm. Officers checked the exterior and interior and found the residence to me secure. Cats... that is all!

Animal problem- 01/08/2019 @ 11:16AM near the 26500 block of NE Cherry Valley Road: Officer responded to a report of cows loose. Officer was able to chase the cow back into the fence. Officer helped repair the fence where there were holes.



# The History of the Fire Department

By David Burke, Fire Chief - Duvall KCFD 45
Rudimentary fire service existed throughout the

Association provided the manpower.

history of Duvall, WA since its founding in the late 1890's and incorporation in 1913. Fire protection was provided by community members, using hand drawn equipment. In 1946, the Duvall Fire Department was created and acquired a used 1912 American LaFrance fire truck to replace the old hand and horse drawn equipment. Emmitt Minaglia was appointed as the first Fire Chief by the Mayor. The Duvall Fire Department was a volunteer organization operated under the sponsorship of the City of Duvall. They provided storage space for the equipment and

The city acquired the old Christian Reform Church building for the first official fire station. Through fundraisers, donations, and town revenues, the department was able to acquire a used 1952 Diamond T pumper to replace the American LaFrance. The association acquired a 1950 Ford Station Wagon that it used as an ambulance.

an office to store records. The newly formed Duvall Firemen's

In 1958, Fire Chief Roy Miller worked with several local leaders to incorporate the fire department into a legal entity. It was clear that the department served an area larger than the City of Duvall. It was also recognized that the city did not have the financial resources to support a fire department to meet its response needs; much less those of the surrounding area. A plan was developed to form a fire district, which would provide taxing authority, that would encompass the area around Duvall that was not already in a fire district. This included the valley floor north of NE 124th to the county line, and the area east of the Snoqualmie Valley from the county line south to Stillwater and Kelly Road. After a vote of the citizens in a special election, and approval by the King County Council, King County Fire District 45 was formed on September 21, 1959. The King County Council appointed Chris Loutsis, Frank VanHulle and Jim Hunt to serve as the first Board of Fire Commissioners.

For several years, the Duvall Fire Department and Fire District 45 functioned as one organization, but this became increasingly complicated as the emergency services business became more complex. To solve the increasing issues, the voters of both the city and the Fire District approved the annexation of the city into the Fire District in 1986. The Fire District became the single entity providing fire protection and medical response for the district and the City of Duvall.

Over the years, the fire and emergency medical response capabilities of the fire district strengthened and expanded to include hazardous materials, advanced extrication, ropes, water rescue, and wildland incidents. Some of the service evolution was based on industry standards, while others were based on community risk. Flooding has become a regular occurrence, placing greater value on the rescue boat and swiftwater training, and the threat of wildland fires

prompted wildland firefighter training and brush trucks. In both cases, the local needs drive the service delivery.



For those that are new to the area or visiting, it is important to note that the Fire District has embraced the community and continually seeks out opportunities to interact and serve. Be it fire safety talks at the elementary schools or installing smoke detectors and address signs at residences, the men and women of the fire department want to be regarded as family to the community. Each year, over 2,000 people attend the Annual Firefighter's Pancake Breakfast in addition to countless station tours and other events.

District 45 recently celebrated its 60th anniversary and



placed two new engines in service and was pleased to have the community help "push in" the new engine at the headquarters station. The Fire District would like to thank the

community for the milestones in the first 60 years and looks forward to those still to come.

"Your Home-Base in the Snoqualmie Valley"

New to the Valley, or looking for a fresh start as you approach retirement?

The Sno-Valley Senior Center is your gateway to new adventures: Local day trips, fitness classes, adult learning, volunteer opportunities, and more!

#### We offer:

- Access to Valley resources and amenities
- An inviting, relaxed atmosphere with opportunities to connect with others
- Promotion of physical, mental, and emotional wellbeing (e.g. fitness classes, support groups)
- Choice and freedom of when and how YOU engage

Be our guest for lunch, or call/ stop by to see us!

(Mention this ad for a complimentary lunch voucher)

Sno-Valley Senior Center 4610 Stephens Ave, Carnation WA

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## Healthy Living Local: Alternative Wellness Options

By Bryan Carroll - Summit For Wellness

Duvall, which everyone loves for its small-town feel, is actually filled with quite a wide variety of wellness businesses. While **Evergreen Health Primary Care** provides excellent conventional medical services to the residents of Duvall, this city also offers a long list of alternative wellness services to fit any of your needs.

If you are looking for Naturopathic Services, **Duvall Natural Health** is right in the heart of downtown. **Alpine Integrated Medicine** is along the way to Redmond, located conveniently right off of Novelty Hill Road.

When you are battling an injury or want to improve your movement quality, the Physical Therapists from Physiocare Physical Therapy and the Chiropractors from Metcalf Chiropractic Health and Laser Center, Towers Family Chiropractic, and Valley Chiropractic and Wellness Center are the ones to turn to. All of these options will help you feel your best once again!

Looking for somewhere to get some bodywork done? Susan Bull Structural Integration and Clinical Visceral Massage provides both massage and injury treatment. Another great option, if you are looking for acupuncture, is Revolution Acupuncture.

When it is time to look for a place to make some amazing fitness and nutrition changes, Duvall has plenty of options. Summit For Wellness provides both personal training and individualized nutrition services. Duvall Fitness is the local fitness center. Nutrition services are available from some businesses mentioned above, but also from Eastside Weight and Wellness and Trimazing! Health & Lifestyle Coaching. Yoga is available through The Yoga Garden and Laughterglow.

There are great resources available for mental health and counseling services. Whole Valley Therapy, Friends of Youth and Lynn C. Smythe M.S, LMFT are three amazing resources to find the therapy that best suits your needs. To unleash the power from within, hypnosis from Hypnosis Redmond is a great option.

Studio Beju offers a variety of different services at their wellness center. To get your eyes taken care of, Duvall Advanced Family Eyecare will do the job. And if you are wanting to get yourself some essential oils, Carin Brimley, doTERRA International Wellness Advocate will help you out.

Duvall also has options for special populations in the valley. Encompass, Snoqualmie Valley Community Network, and Northshore YMCA all have youth programs available and provide support to the kids in Duvall. Sno-Valley Senior Center provides a lot of different types of events, resources, and support for the entire community.

Finally, Duvall wants to make sure you have a clean and healthy mouth. Cherry Valley Dental, Duvall Orthodontics, Duvall Dental Center, Duvall Family Dental, Great Smile Dental, Cynthia Tyler DDS, MS, Redmond Ridge Pediatric Dentistry, and Premier Orthodontics all will take great care of your oral health and various specialty needs.

As you can see, this small town has plenty of options to help you to improve your health and wellness. Our Duvall Chamber covers all of the basic healthcare needs, from primary care physicians, to all of the alternative wellness practices. Duvall and surrounding valley, is a great place to be to keep yourself and families healthy and supported!



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### Schools Duvall, Carnation, and the Surrounding Area Liverview School District Superintendent Dr. Anthony L. Smith Welcomes You!



Welcome to the Riverview School District! We have become a destination district due to our student accomplishments, excellent staff, wide variety of opportunities for students, and award-winning programs such as Advanced Placement (AP), Career and Technical Education (CTE), and our

alternative programs. We continue to expand our successful partnerships with business and industry, parents, and the community at-large. With our high graduation and college placement rates, we are elevating our focus and setting a goal of getting every student started on a post-secondary certification plan. Some examples include earning college credit in the high school, tech-prep credit, AP waiver of college credit, Microsoft Certification, and other industry standard certification programs.

Regardless of the reporting mechanism, you will discover that the Riverview School District is amongst the highest performers in the state, with *schooldigger.com* rating our district in the top seven percent of all districts in the State of Washington. Test scores are only one measure of a school district. Our focus on personalizing learning with an equity lens and commitment to the "four A's" is what sets Riverview apart in terms of student opportunities. While Academics will always be the focus, we know that students gain life changing experiences through the Arts, Activities, and Athletics. Our focus on equity and access has received recognition from other organizations for its proactive work in supporting student, staff, and community culture. Our amazing teaching staff is engaged in job-embedded professional development to continually grow at their craft. Our students have seamless access to technology, both in the classroom and with their district-issued personal devices.

Another focus of the district is partnerships, whether with regional business and industry, local organizations, or through community organizations such as the **Riverview** 

Education Foundation, Snoqualmie Valley Community Network, or local PTSAs. The number of documented parent and community volunteers grows every year and now is over 1,600 in a district of 3,300 students.

The Riverview School District continues to receive regional, state, and national recognition for its schools and programs. Recently, the Riverview School District was one of only three districts in the United States recognized by the College Board to receive the AP Honor Roll award for five consecutive years. This prestigious award is given to school districts that expand opportunity and demonstrate improving performance of AP students. Our Career and Technical Education Program at Cedarcrest High School and its students continue to receive top state and national awards for excellence. Our high school FFA program has been selected State Program of the Year for two of the past five years. Most of our schools and programs have received School of Distinction or Washington Achievement awards for academic excellence. Carnation Elementary has been nationally recognized for its green school and sustainability accomplishments. Tolt Middle School received an OSPI State Award for closing gaps and demonstrating significant achievement improvement for identified student groups. Our teachers are amongst the best trained and most actively involved; they have distinguished themselves by serving on regional and state leadership networks, work groups, and committees. After being selected as Washington School Board of the Year in 2016, our school board was chosen as a Board of Distinction by the Washington State School Directors' Association for the sixth year in a row.



Our district is well-known for its high expectations and family oriented, collaborative culture. We look forward to partnering with you to ensure the district continues to excel for each child and family in the Riverview community!

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## Schools in Liverview School District (Duvall and Carnation)

#### **District Office - Riverview Educational Service Center**

Business Hours: 8:00am – 4:30pm 15510 1st Avenue NE, PO Box 519, Duvall, WA 98019 425-844-4500

riverview.wednet.edu

Superintendent: Dr. Anthony L. Smith

### **Other Important Numbers**

 Student Services
 425-844-4516

 Food Services
 425-844-4560

 Transportation
 425-844-4540

### **Cedarcrest High School**

School Hours: 7:35am - 2:15pm 29000 NE 150th St., Duvall, WA 98019 425-844-4800 *Principal: Ray LaBate* 

#### **Tolt Middle School**

School Hours: 8:25am - 2:57pm 3740 Tolt Ave., Carnation, WA 98014

425-844-4600 Principal: Amie Karkainen

### **Carnation Elementary School**

School Hours: 9:25am - 3:45pm 4950 Tolt Ave., Carnation, WA 98014 425-844-4550 *Principal: Chris Lupo* 

### **Cherry Valley Elementary School**

School Hours: 9:25am - 3:45pm 26701 NE Cherry Valley Rd., Duvall, WA 98019 425-844-4750 *Principal: Michelle Frank* 

#### **Stillwater Elementary School**

School Hours: 9:25am - 3:45pm 11530 - 320th Ave. NE, Carnation, WA 98014 425-844-4680 *Principal: Jack Madigan* 

### **Eagle Rock K-5 Multi-age Program**

School Hours: 9:40am - 4:00pm 29300 NE 150th St., Duvall, WA 98019 425-844-4900 *Principal: Molly Lutz* 

### **Riverview Learning Center**

CLIP, PARADE, CHOICE and CLEAR Programs 32302 NE 50th Street, Carnation, WA 98014 425-844-4960 *Principal: John Bomar* 

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# Dedicated to Duvall

by Scott Thompson - Redemption Church

Historically churches have played an important role in the community of Duvall. Much has happened since the first church was established here over 130 years ago. As our community grew so did the number of churches and there are currently five that are members of the Duvall Chamber of Commerce. Besides offering numerous weekend worship services and Bible studies these churches do much to help make Duvall the special community we love.

Here is just a sampling of some of the things our local churches do for the community.

**Food for the Community** 

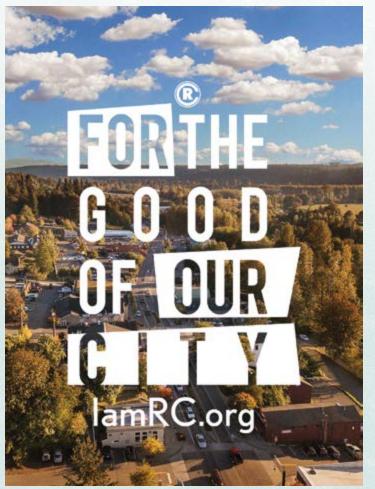
Adventure Church hosts a weekly Gleaning and Holy Innocents Catholic Church host a food bank twice a week. Timberlake Church has benevolence assistance.

**Meeting Spaces for the Non-profits** 

Redemption Church, Timberlake Church and Valley Foursquare Church all provide meeting space for non-profits like AA and NA, Encompass, Boy and Girl Scouts, 4H and others.

**Housing Support** 

Both Timberlake Church and Valley Foursquare Church support the women's ministry, Acres of Diamonds. And Valley Foursquare Church runs Project Love, which supports community members facing homelessness and addictions.



**Community Calsses** 

Redemption Church offers Love and Logic parenting classes as well as Financial Peace University classes. And both Redemption Church and Timberlake Church offer classes on marriage.

Counselling

Redemption Church offers personal counseling at no charge.

#### **Schools**

The people of Redemption Church and Timberlake Church mentor and serve in our local schools. Redemption Church offers a \$3,141 STEM Scholarship to Riverview School District seniors each year and also facilitates Science Camps each year.

#### Clubs

Redemption Church hosts a number of community clubs such as the Duvall Board Game Meet Up and Book Clubs.

#### **Events**

Adventure Church, Redemption Church and Timberlake Church are involved in numerous community events including the **Duvall Chamber of Commerce** Halloween Festivities and Light Up Duvall-Community Celebration. Redemption Church and Timberlake Church sponsor fun zones at Duvall Days.

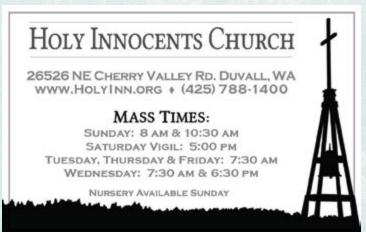
#### Children

Redemption Church hosts Playtime at the Hub for preschool age children and their caregivers once a week as well as MOPS (Mothers of Preschoolers). Both Redemption Church and Timberlake Church offer day camps for kids at little or no cost each summer.

**Emergency Relief** 

Redemption Church serves as an emergency housing center during long term power outages and extreme heat or cold.

This is only a sampling of what the religious organizations that are Members of the Duvall Chamber of Commerce are doing in the community. So, you see, even if you are not a formal part of one of the religious organizations that are Chamber Members, you or someone you know has probably benefited from those organizations' passion for your community.



# Acknowledgements

The Duvall Chamber of Commerce would like to thank all community volunteers and Chamber Members that made this publication possible. Community members and Chamber Members performed all content, editing, design, and printing. In your hand is great example of what you can do when you shop local. We apologize for any inconsistencies or errors.

#### **Contributors**

Bree Boyce | Duvall Community Van
Brittany Criss | Duvall Print & Post
Bryan Carroll | Summit For Wellness
David Burke, Fire Chief | Duvall-King County Fire District 45
Dr. Michelle Gengler | Duvall Veterinary Hospital
Duvall Police Department
Duvall Historical Society
Guillermo Mendez | Amonos Mexican Kitchen
Josh Lowell - Chamber President | Law Offices of
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Dr. Anthony L. Smith | Riverview School District Kass Holdeman | Kass Holdeman-RE/MAX Northwest Kathleen Robertson | Duvall Performing Arts Laura Smith | Snoqualmie Valley Community Network Mike Carmona | Eastside Property Solutions Scott Thompson | Redemption Church Terri Muharsky | Northwest Art Center Zach Paulsen | Duvall Print & Post

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Administrator – *Collector of all the Funds* 

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Timothy Zilinsky | Talon Graphics – *Design, Layout and Project Manager* 

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# Doing Business in Duvall

### Choosing Duvall for my Business

By Guillermo Mendez - Amonos Mexican Kitchen

My wife and I moved to Duvall about 13 years ago, with over 20 years of experience working in the food industry. My parents had their own business in Mexico as I was growing up, and I always wanted to open up a place of my own. Before I opened my business in Duvall, I worked around Duvall and Carnation. Then I opened my Taco Truck in Bellevue 8 years ago, but I always really loved the community of Duvall after working here. I always kept in mind that I wanted to open a place in this small town, where everyone has a close relationship, and that is what caught my attention.

Duvall is a tough community to please, regarding food. Everyone around here knows what they like, and they really like the good stuff! I was willing to take on the challenge, and opened up **Amonos Mexican Kitchen** in 2014 on Main Street. We are proud to serve you the closest authentic Mexican food with a touch of the Pacific Northwest.



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# History of Duvall Business

By Brittany Criss and Daisy Duke - Duvall Print & Post



I am Daisy Duke, the mascot at **Duvall Print & Post**. In the past several decades, Duvall has grown as a town.

I was not knowledgeable on this topic, as I am fairly new to town, so I had my mom, Brittany, sit down with Mat Higgins and Shawn Payne to learn about the history of Duvall businesses and what is coming next for our town. Since I don't have opposable thumbs, my mom also had to type this article for me.

Mat Higgins of **Duvall Ace Hardware & Garden** has been working in Duvall for more than 25 years! The original Duvall hardware store opened in 1912. Mat is a 6th generation owner. In 1980 it became part of the Coast to Coast hardware group. They were located on Main Street where **Northwest Arts Center** is currently. After a bad winter storm in 1996, the roof collapsed and the hardware store moved to the old D&S Variety Store's space in early 1997 and have been there ever since. In 2000, Coast to Coast became Duvall True Value, which transitioned to Ace Hardware, last year. While the location and name has changed, they have remained the same, great, local business for over 100 years! They have been the largest sponsors of many events in Duvall. And Mat, who once served as the Vice President of the Duvall Chamber of Commerce, has gone out of his way to help other local businesses throughout the years.

When Duvall was a much smaller town, **Duvall Family Drugs Health Mart**, located by the **Duvall Family Grocer**, was the only shipping location in town. Susan & Dean Aaron moved to Duvall in 1978. After moving out of town for a short period of time, they returned in 1991 and saw the town could really use a dedicated printing and shipping store. In 1993, they opened **Valley Mailbox** across the street from the Duvall Post Office.

Neal Coy decided he wanted to build what is now the Riverview Plaza, home to Twin Dragon Restaurant & Sports Bar, Amonos Mexican Kitchen, Cherry Valley Dental and Duvall Fitness. It was, and is still, the largest commercial building in Duvall. Neal made a deal with Susan & Dean Aaron, promising to build a space for them to move Valley Mailbox, as long as they agreed to be an anchor tenant and manage the storage units as well. The building went up quickly, and in 2002, Valley Mailbox moved into their new space behind Twin Dragon. Over time, the new location became more and more of an encumbrance, due to its hidden location and lack of foot traffic. In 2011, Susan & Dean retired, leaving their daughter, Shawn Payne, to manage the place.

Shawn has worked in Duvall for nearly two decades. She began working with her parents, when they opened their new location of Valley Mailbox and stayed with them for nearly 10 years until they retired. A little over a year passed since Shawn became the manager of Valley Mailbox and she decided to make a major move. Together, with Nick Daum, she opened Duvall Print & Post, replacing the iconic DVD NOW! store next to **Safeway** - **Duvall**. In her last years, Susan Aaron just couldn't stay away from her daily interaction with the Duvall community, so she joined her daughter at Duvall Print & Post.

Major changes continued in the ensuing decade. The town approved and went through a painful, yet amazing transformation that was "The Main Street Revitalization Project" around 2008. This project widened the sidewalks, replaced the lights, added medians and artwork, and overall really rejuvenated the iconic image of Downtown Duvall. Between the recession and the construction, it became a very difficult time for businesses in town. People didn't want to brave the traffic the construction was causing and many businesses ended up having to close down from the hardship. However, Duvall emerged, triumphant and began making itself a bigger destination city.

In 2016, Duvall expanded the renovation project and began to really connect the town. Through the new bridge decorations, sidewalks, burying the remaining Main Street power lines, and adding a small park on 143rd Place, Duvall made huge strides in connecting the old town shops to the rest of the businesses in the Duvall Safeway lot.

Of course, there have been many other long term businesses in Duvall and some that were only here for a short while. **Duvall Auto Parts** is nearly a century old. Then there's **Jerry's Iron Works** that was founded in the 50's, Pentz Design in the 70's, and Duvall Family Grocer in the 80's. Lorna Bussing, owner of **Red Pepper Pizzeria & Pasta** has been the owner of several businesses in town over the past few decades, including Red Swirl, a frozen yogurt shop, Rojo Fresh, a taco joint, and the River City Arcade. Lorna is truly a testament to the ability to evolve and grow as a business person in Duvall.

This very article is thanks to the hard work of Susan Aaron – a critical fixture in starting the local Chamber of Commerce. While serving as secretary, she started the first Duvall Directory with the help of Dave Howard. While that directory has changed a lot over the years, it is still proudly being sent out to thousands of Duvall residents every year as this Business Directory and Chamber Guide.

## Duvall Chamber Business Member Index

		miner Business	Outon	707 <del>-</del> 7071071	
Business Name	Phone	Business Name	Phone	Business Name	Phone
	Tilone		(907) 599-0317	Sno-Valley Senior Center	(425) 333-4152
A Gier Design Acres of Diamonds	(425) 788-9999	Eupori EvergreenHealth Primary Care, Duvall	(425) 788-4889	Sno Valley North Little League	(206) 698-4499
Adams Auto Angel - Adam Henry Schwinn LTD	(206) 550-0680	Fairway Independent Mortgage Corporation	(206) 947-0615	Sno. Valley Tree & Timber LLC	(206) 714-7730
Adventure Community Church		Forever Fit with Nic Pitts		Snogualmie Valley Community Network	
	(425) 788-9373		(206) 300-2181	1 ,	(425) 333-6614
All About Dogs Boarding & Day Care	(425) 471-8278	Friends of Youth	(425) 869-6490	Snoqualmie Valley Music, LLC	(206) 335-5920
Allen Street Professional Center, LLC	(425) 218-7667	Gardens ALIVE Design	(425) 318-2971	SoundLine Communications	(425) 250-5555
Alpine Integrated Medicine	(425) 949-5961	Golden Leash Pet Spa & Getaway	(425) 788-7387	STC Productions LLC	(425) 422-1406
Amberlynne Claussen	(360) 502-1237	Gregory, Dill & Company	(206) 442-7615	Studio Beju	(425) 318-6422
AMONOS! Mexican Kitchen	(206) 972-3000	Hillside Academy	(425) 844-8608	Summit For Wellness	(206) 817-9432
Anchorhead Coffee	(509) 994-8572	Hollyhock Farm	(505) 379-3856	Susan Bull, Structural Intergration and Clinical	(425) 225 2454
Antonelli's Photography, LLC	(425) 273-3875	Holy Innocents Church	(425) 788-1400	3	(425) 985-9171
Automotive Specialties Inc.	(425) 788-7458	Hometown Blinds	(425) 420-0600	Swift and Savory	
B. Gayle Stevens-RE/MAX Northwest	(206) 310-1408	Hopelink	(425) 333-4163	Swift Services	(425) 788-6045
BaeBae Cakes, LLC	(425) 516-1131	Houston Barclay CPA CMA	(425) 788-1622	TALON graphics	(425) 788-3379
Best Buddy Dog Wash	(425) 788-7700	Humamah Zahrah-Real Estate Broker		Team Randy & Candy - R.S.V.P. Real Estate	(425) 344-8380
Braithburn Academy	(425) 788-4343	Nexus Realty International	(425) 273-3096	Tellus Consulting and Project Management	(425) 578-1055
Brian's Carpet Care	(425) 922-4813	Hypnosis Redmond	(425) 578-9495	Templin Headshots	(425) 273-2365
Brookhill Landscape & Construction, LLC	(425) 879-1937	H & R Block	(425) 788-1732	Thai Duvall	(425) 788-2064
Camp Charlie	(425) 788-2008	Ixtapa Mexican Restaurant	(425) 788-2235	The Duvall Grill and Taproom	(425) 844-1430
Carin Brimley: doTERRA International	, ,,	Jennifer Tai Photo Artistry	(971) 220-6866	The Duvall Tavern	(425) 318-6277
Wellness Advocate	(206) 334-1635	Jerry's Iron Works, Inc	(425) 788-1467	The Grange	(425) 788-2095
Carnation Chamber of Commerce	(200) 33 1 1033	JP Landscape Tree Farm	(425) 844-2816	The Grateful Bread	(425) 788-0827
Carnation Duvall Citizen Corps Council, Inc.	(425) 788-8260	Kass Holdeman - RE/MAX Northwest	(206) 715-6693	The Studio, LLC	(307) 214-4061
Carnation Storage Center	(425) 333-6565	Kevin Hauglie Agency	(425) 788-9176	The Yoga Garden	(206) 940-3104
Cascade Community Theatre	(206) 686-0203	King County Councilmember Kathy Lambert	(206) 296-1003	Timberlake Church	(425) 869-4400
		King County Library System- Duvall Library			
Cascade Valley Designs	(425) 221-3442	3 , , , ,	(425) 788-1173	TJ Dance LLC	(425) 844-9086
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ChateauWorks, Inc.	(206) 226-3037	Law Office of Magnuson Lowell P.S.	(425) 885-7500	Towers Family Chiropractic	(425) 898-8000
Cherry Valley Dental	(425) 219-1032	Linnerooth Waldner Team - RE/MAX Real Estate	(206) 686-1435	Towne Realty	(425) 260-3972
Cherry Valley Kid's Kastle	(425) 788-8877	Living Edge Hardwoods, LLC	(206) 465-0486	Tracy Lewis - RE/MAX Northwest	(425) 941-3212
Cherry Valley Veterinary Hospital PLLC	(425) 788-7844	Lynn C. Smythe M.S, LMFT	(425) 736-8862	Trimazing! Health & Lifestyle Coaching	(425) 659-5090
Cherry Valley Winery	(425) 788-5165	Metcalf Chiropractic Health & Laser Center	(425) 844-6428	Twin Dragon Restaurant & Sports Bar	(425) 788-5519
Christi Irwin & Associates, The Irwin Group	(425) 788-3414	Mike Carlson Excavation & Construction	(206) 730-8249	Valley 104.9 LPFM Community Radio	(425) 351-0682
City of Duvall	(425) 788-1185	Mosswood Hollow Retreat Center	(425) 844-9050	Valley Chiropractic Wellness Center	(425) 844-8000
Coldwell Banker Bain	(425) 788-1547	Mountains to Sound Greenway Trust	(206) 373-1601	Valley Foursquare Church	(425) 210-7160
Consolidated Press Printing Co., Inc.	(206) 447-9659	Nicole Ji Real Estate — Compass	(206) 353-2146	Valley House Brewing Co.	
Country Collections Gifts, Clothing Vintage Finds	(425) 788-2939	NinaOcreative	(415) 240-6501	Valley Mail	(425) 788-7441
Cynthia Tyler DDS, MS	(425) 788-9575	North Hill by Pulte Homes	(425) 216-3447	Valley Shell & Liquor	(425) 788-0720
Drake Painting	(206) 949-9301	Northshore YMCA	(425) 485-9797	Vicki Perry / RE/MAX Northwest	(425) 985-6817
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Duvall Community Van	(425) 943-6721	Omicle	(425) 440-1099	Whole Valley Therapy	(425) 780-6227
Duvall Cooperative Preschool	(425) 780-5261	Oxbow Farm & Conservation Center	(425) 788-1134	Wilderness Awareness School	(425) 788-1301
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Duvall Family Dental	(425) 354-3628	P.E.O. Chapter HW Snohomish, WA	(425) 844-2282	Zazynia Mediterranean Grill	(425) 788-7071
Duvall Family Drugs Health Mart	(425) 788-2644	Physiocare Physical Therapy	(425) 788-0505	Zazyma wediterranean diiii	(423) 700 707 1
Duvall Family Grocer Inc.	(425) 788-4545	Puget Sound Energy	(425) 456-2522		
		3,			
Duvall Fitness Duvall Flowers & Gifts	(425) 844-8188	Purdy & Kerr w/ Dawson Funeral Home	(360) 568-4126		
	(425) 788-6497	Quiznos	(425) 844-0755		
Duvall Historical Conjecture	(425) 622-8088	Ranaway Diesel & Auto	(425) 844-6110		
Duvall Historical Society	(425) 500 0515	Red Pepper - Carnation Station	(425) 459-0067		
Duvall Karate	(425) 599-9648	Red Pepper Pizzeria & Pasta	(425) 844-8100		
Duvall-King County Fire District 45	(425) 788-1625	Redemption Church	(425) 318-6077		
Duvall Montessori School	(425) 788-6961	Redmond Ridge Pediatric Dentistry	(425) 284-9884		
Duvall Natural Health	(425) 434-8840	RE/MAX Integrity	(206) 920-1954		
Duvall Orthodontics	(425) 883-3353	RE/MAX Real Estate Duvall	(206) 713-5200		
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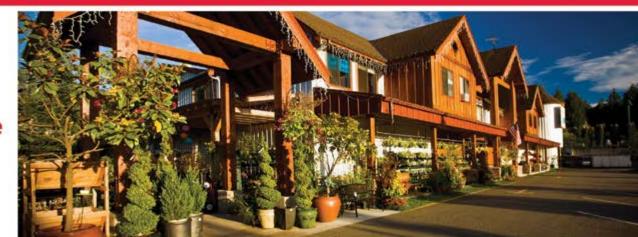
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