

Do it all in...

# DUVALL

## VISITOR GUIDE

### & SNOQUALMIE VALLEY BUSINESS DIRECTORY

# 2017



PULL-OUT BUSINESS DIRECTORY INSIDE

# Christi Irwin & Associates

## Irwin Group Realty

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### Area events calendar for 2017

Family-Friendly Events	Date / Location	Website
Random Acts of Kindness Week	March 6-12 / Throughout Duvall	rakduvall.com
March of the Vegetables	March 25 / Downtown Duvall	marchofthevegetables.org
Irwin Community Easter Egg Hunt	April 15 Saturday 2pm / McCormick Park Duvall	Easterinduvall.com
Duvall Farmers Market	May-October, Thursdays 3pm – 7pm / Brown Ave NE	duvallfarmersmarket.org
Sno-Valley Sr. Center Plant Sale	May 5 & 6 / Sno Valley Senior Center, Carnation	snovalleyseniorcenter.org
Duvall Civic Club Plant Sale	May 13 / Behind Duvall Visitor Center	duvallcivicclub.org
Duvall Days Festival	June 3 / Main Street Duvall	duvalldays.org
Big Rock Classic Car Show	June 3 / Safeway Parking Lot, 14020 Main St, Duvall	bigrockclassiccarshow.com
REF Run	June 4 / McCormick Park Duvall	refweb.org/refrun
Fire Fighter's Pancake Breakfast	June 4 / Duvall Fire Station, 15600 First Ave NE, Duvall	duvallfire45.com
SummerStage	July-August, Wednesdays 7pm / McCormick Park Duvall	duvallculture.org
Sandblast Festival of the Arts	July 15 & 16 / McCormick Park Duvall	duvallarts.org
Irwin Movies in the Park	August 5 & 12 / 8:00pm McCormick Park Duvall	moviesinduvall.com
Art in Bloom	August 11-13 / Kokopelli Gardens, 14520 284th Ave NE	duvallarts.org
Art & Wine Walk	September 9 / Throughout Main Street Duvall	duvallculture.org
Outdoor Quilt Show	September 30 / Throughout Main Street Duvall	duvallquiltshop.com
Downtown Trick-or-Treating and Halloween Party	October 31 / 3pm – 6pm Throughout Downtown Duvall & Party at Duvall Visitor Center	duvallchamberofcommerce.com
Light up Duvall and Holiday Tree Lighting	December 1 / Main Street & Duvall Police Station Parking Lot, 26225 Stephens Street NE	duvallwa.gov
Duvall Civic Club Holiday Fair	December 2nd / Duvall Visitor Center	duvallcivicclub.org

Dates and times may change after printing. Please check [eventsinduvall.com](http://eventsinduvall.com) for the latest information on these and other events in the area. **Sign up to receive weekly email notifications of events while you are there.**

The chamber extends our warmest *Welcome* to you.

Back when I was thinking of moving to Duvall, I thought living here would make it easy for me to get to nearby towns for shopping and restaurants and stores. I just assumed that since Duvall was such a small town, I'd have to head to Redmond or Woodinville or Monroe for the things I needed.

Now, seven years later, I am still continually surprised by all there is to see, do, and buy right here in Duvall. We are incredibly fortunate to have a local galaxy of stars – hundreds of honest, hardworking merchants who provide us with an abundance of choices and opportunities. Duvall is filled with all kinds of businesses for consumers, and also many businesses for other businesses.

The convenience is nice, but more than that is the small town connection I feel when I run into these folks at the Post Office or at community events like SummerStage. It's often a “Mayberry” experience and I wouldn't have that if I didn't shop locally.

What are you hungry for? Pizza, Pasta, Chinese, Mediterranean, Thai, Mexican, Sushi, Burgers, Wraps, Subs, Salads, Smoothies, Raw Vegan, BBQ, Pho, ... there are more than 20 different restaurants “between the bridges” – that's a lot of options for our little town.

I get my eyes checked and my glasses made, right here in town. My dentist is here. Our wills were drawn up here. My website hosting is here. My gym is here. My vet is right down the street from my house. Duvall has chiropractors and hairdressers and attorneys, and yoga and yarn and coffee.

In addition to the brick-and-mortar businesses you see driving through town, there are hundreds of other businesses you don't see – providing everything from lawn care, auto repair, and beer brewing, to clothing, jewelry, and make-up. Check out the business listings in this Visitor Guide or stop in the Duvall Visitor Center to see brochures from these hidden gems.

Take advantage of this local world of opportunities – spend your money in Duvall and support our local businesses. After all, if you live here, those business owners are your friends and neighbors. And if you're visiting or new to Duvall, we extend our warmest welcome to you and invite you to experience our small town charm.



*You really can do it all in Duvall!*

Sincerely,  
NJ Shelsby  
*President  
Duvall Chamber of Commerce*

Duvall Chamber of Commerce board members

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*Valley Creative, Inc.*  
Vice President  
**Mat Higgins**  
*True Value Hardware*  
Secretary  
**Sue Linnerooth**  
*Linnerooth Team Realtors  
- Windermere*

Administrator:  
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*KSP Consulting*

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*Studio Beju*  
**Lorna Bussing**  
*Red Pepper Pizzeria & Pasta*  
**Mike Carmona**  
*Eastside Property Solutions, LLC*  
**Nick Daum**  
*Duvall Print and Post*

**Carissa Dunphy**  
*Duvall Advanced Family Eyecare*  
**Bill Falcon**  
*EF Print & Copy Center*  
**Jeff Fullmer**  
*Timberlake Church - Duvall*  
**Ann Marie Gill**  
*Cascade Valley Designs*

**McKenzie Smith**  
*Off-Road Vixens*  
**Jerry Sprute**  
*Law Office of Gerald A Sprute*  
**Nadja Wilson**  
*Northwest Art Center*

Q *What makes*  
**DUVALL SPECIAL?**  
A *Answers from residents in the Duvall community  
are found throughout this publication!*

Useful contact information

Duvall Police (duvallwa.gov/140/Police-Department)

The Duvall Police Station is located on NE Stephens Street next to McCormick Park. The Department provides a variety of community services, including:

- Free car seat safety checks
- Free R.A.D. (rape aggression defense) training for women
- National Night Out celebration on the first Tuesday of every August.
- Block Watch training and support.
- Home Security Audits.
- Free lock out and battery jump service within city limits.

Phone: (425) 788-1519 (Monday-Thursday 8:30am – 4:00pm)  
After hours and all emergencies call 9-1-1  
**facebook.com/Duvall.Police.Department**

Fire District 45 (duvallfire45.com)

A dedicated team of 35 career and volunteer firefighters and administrative personnel in Duvall-King County Fire District 45 proudly protects over 12,000 residents and visitors in the greater Duvall area.

Fire District 45's Community Service Programs include:

- CPR Training
- Address Signs
- Vial of L.I.F.E.
- Station Tours
- Public Education
- Annual Firefighter's Pancake Breakfast

Phone: (425) 788-1625  
**facebook.com/DuvallFire45**

City Hall (duvallwa.gov)

City of Duvall offices are located at the corner of Main and Stella in downtown Duvall.  
Phone: (425) 788-1578  
**facebook.com/City-of-Duvall-572315659514974**

School and road closures

Riverview School District:  
**riverview.wednet.edu/districtinfo/emergency**  
Phone: (425) 844-4500  
Schedule hotline: (425) 844-4542  
**facebook.com/Riverview-School-District-124875444332490**

King County road closures:  
**kingcounty.gov/depts/transportation/roads/road-closures.aspx**

Road conditions and river levels: **d.jimgale.net**

Community Facebook groups

Duvall, WA: **facebook.com/groups/6676511861**  
Carnation, WA: **facebook.com/groups/carnationwa**  
Positively Duvall/Carnation – Positive Discussion and Announcement Board: **facebook.com/groups/251523221662163**  
Duvall Community Discussion Board: **facebook.com/groups/192272910786486**  
Duvall Community Trading Post: **facebook.com/groups/DuvallTradingPost**  
Buy Nothing Carnation/Duvall: **facebook.com/groups/459733077470101**  
Snoqualmie Valley Man Bunker: **facebook.com/groups/524130267669639**

Utilities

Water

City of Duvall Public Works  
Phone: (425) 788-3434  
Emergencies: (425) 419-3748

Gas and electric

**Puget Sound Energy (pse.com)**  
Phone: 1(800) 225-5773  
Emergencies and outages: 1 (800) 225-5773  
**facebook.com/pugetsoundenergy**

Internet, phone, and TV

**Wave (gowave.com)**  
Phone: (866) 928-3123

Frontier (frontier.com)

Phone: (866) 573-9972  
**facebook.com/FrontierCorp**

Benefits of Chamber membership:

Visibility

- Your business or organization is listed in the Duvall Visitors Guide (delivered to over 10,000 area homes).
- Your brochures are prominently displayed in the Duvall Visitors Center, centrally located in downtown Duvall.
- Prospective customers can easily find you through the Duvall Chamber of Commerce online business directory.
- You can promote your business or organization through participation in the Chamber's sponsorship opportunities.
- Your up-to-date business info is kept on file by the Chamber for responses to inquiries from prospective customers.

Credibility

- You can proudly display the Duvall Chamber of Commerce logo on your website and in your place of business.
- You receive a higher level of business advocacy with local and state governments.

Support

- You have opportunities to meet, network, share, and learn from your fellow Chamber members.
- You have access to online business training modules to take your business to the next level.
- You save money on expenses through member-to-member discounts.
- You can take advantage of the Chamber's bulk mail postage permit.
- You enjoy fellowship and camaraderie through Chamber meetings, mixers and social activities.



**425-788-9182**  
P.O. Box 581, Duvall, WA 98019  
**www.DuvallChamberOfCommerce.com**  
**info@duvallchamberofcommerce.com**

# An insider’s guide to Duvall

By Tony Gill – *The guy with the hat at the end of the bar*

Also known affectionately as *A Flooded Valley Home Companion* or the *Duvall Visitor and Recent Arrival Guide to Snoqualmie Valley and All Its Wonderful Oddities*.

### Who are we?

We’re the town that you run into when you run out of pavement, while driving east on Woodinville-Duvall Road, and have to make a choice to turn right or left. For the most part, turn right.

We’re the town that you might drive through as you take the back roads to get to **Steven’s Pass**. We’re the town up the road from **Remlinger Farms**. And while they are not located in one convenient place, we, too, have delicious pies (**Rustic Cabin Coffee**) and cute llamas (**Jo’s Fleece Fields**).

We’re the most northeastern town in King County, if you don’t count Skykomish, which you can only get to by driving through Snohomish County. And we’re the town that briefly appears on the GPS in the Harrison Ford movie Firewall.

### We are Duvall.

If you are just passing through - or plan to stay a spell - here are some helpful explanations about what makes this small community of less than 10,000 folks, located on the banks of the Snoqualmie River, so special.

### How do you pronounce Duvall?

The first secret of becoming a true Duvallian is learning the correct way to say the name.

**DOO-vall:** We’re not named after the actor Robert Duvall, but rather a logger back in the early 20th century who pronounced his name DOO-vall. We can tell the folks who are strangers in these parts if they say Du-VALL. No worries if that is you, because we are all kindly to strangers. However, if you want to be in “the local know”, it is always best to exaggerate the **DOOOOOO** syllable and drop your voice on the **vall** part.

### What’s with the giraffes?

Then you will want to learn about the surprising wildlife you will encounter, on Facebook at least.

**Giraffes:** “Giraffes?” you may ask. “I thought y’all were in King County, not the plains of Kenya.” And, “Isn’t the high school mascot the Red Wolves?” While it is true that we are an incorporated town in Washington State, the unofficial mascot of the town has become the beloved giraffe. It is now to the point where images of those long-neckers adorn our public police blotters - and people name their tavern trivia teams after them.

It all started back in the ancient days of 2014, when a number of residents were wondering why the county was spending millions of dollars to build a wildlife crossing over Novelty Hill Road in the metropolis of Redmond Ridge. Most of us in town are keenly aware that dogs, cats, goats, ducks and any other wildlife ignore such things as fences and bridges and just do whatever they want. But then, Citizen Jeremiah Judd astutely noted that “if you build it, they will come” and provided what we think is convincing photographic evidence of a giraffe being the first and only critter to ever cross that bridge.

The historical accuracy of this event was recorded by our own **Duvall Historical Society**. And yes, we have that much history, and so we have a Society to record it.

The town quickly embraced this beast as our own and citizens routinely seek out its presence. Since that time, residents have reported – with varying degrees of accuracy: *orca whales*, *great white sharks*, and *hay bales resembling SUVs*; all swimming in the river or flood waters of the Snoqualmie Valley. We are nothing, if not imaginative.

### What do Duvallians like to eat . . . or not eat?

To really be an insider, you need to learn about an unusual local delicacy.

**Mallomars:** If there was ever a locally loved delicacy in Duvall, it would *NOT* be Mallomars. Mallomars, we learned during this social media misadventure, are a seasonal treat, grown and harvested, in the Southeastern United States. They only appear on local store shelves in the fall and winter.

However, Mallomars recently gained a cult following in the town after a few citizens took to *The Facebooks* to complain about some unstocked items on the shelves of the local Safeway. To solve the problem, another local citizen took it upon himself to ask for a “community shopping list of demands” that we could present to the grocery manager. We can be demanding at times.

The list included everything you might expect - from okra to vodka. But, one item caught everyone by surprise – Mallomars. “So what?” you ask? Well, to the great surprise of the author of that community grocery list, the manager of Safeway took it upon himself to make sure all the items on the list were well stocked. In the process, he created a very special display of Mallomars - at the front of the store - embracing the silliness of our citizens, and his customers.

This should tell you that we are a town that loves to poke fun at ourselves - and when faced with seemingly insurmountable problems - we are able to obtain chocolatey marshmallow treats. We may not solve all of our problems, but at least we have dessert. And in the event of an Island Duvall scenario (*see later in this article*), what else would one really need?

### Pancakes and other civic celebrations:

While rain may break our exit from town occasionally (*see Island Duvall*), it never breaks our spirit. We are a festive people - and we like to eat. Specifically, we like to eat pancakes.

To that end, our brave members of the **Duvall Fire Department** have provided us with 56+ years of flapjack flipping during their **Annual Pancake Breakfast** (*see Area events calendar on page 6*). You can find almost everyone in town at the local firehouse on a late-spring Sunday morning - getting their fill of pancakes, eggs, and ham – letting the kids get a closer look at the fire engines and enjoying the chance to sit and chat with their fellow Duvallians.

This annual celebration of sweet deliciousness also corresponds with **Duvall Days** (see ad on page 30), our annual 2-day community festival. Duvall Days is *our* version of **Carnation’s 4th of July Celebration** - except we can’t wait until July to parade about and have a good time. We’re an anxious bunch when it comes to community parties and we get excited for the carnival games, art displays, and abundant food and drink.

*continued on page 33*

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Injury Rehabilitation (MVA/L&I)

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Alpine Integrated Medicine, located in the heart of the Redmond Ridge community in Redmond, WA, is a unified group of Naturopathic Physicians, Acupuncturists, and Massage Therapists, who have brought the highest quality health and wellness care to Redmond Ridge.

Founded by Dr. Brooke Azie Rentz, AIM strives to be the go-to health resource for people in the Redmond Ridge community, as well as the greater Eastside, and the Snoqualmie Valley, particularly Duvall and Carnation.

ALPINE INTEGRATED MEDICINE

**AIM for health!**

22635 NE Marketplace Dr., #130  
Redmond, WA 98053  
(425) 949-5961  
aim4healthnw.com  
aim4healthblog.com

# Do the arts in Duvall

The City of Duvall (pronounced DOO-vall, as you will remember from the *Insider's Guide to Duvall*) sits alongside the beautiful Snoqualmie River valley, nestled in the foothills of the Cascade Mountains, approximately 25 miles northeast of Seattle.

At the turn of the century, logging and farming were the driving economic forces. In the 60's, Duvall became a center of hippie counter-culture, culminating in the infamous Great Piano Drop of 1968. The city's pastoral appeal continues to draw residents who often commute to larger cities nearby for jobs in aeronautics and technology industries. This unique setting has helped define an artistic movement that has been evolving since the 1970's.

Artists find inspiration in the natural beauty of our community. The Snoqualmie River meanders through the broad valley floor that has been carved with mother nature's hand by glaciers and then filled with soils made rich by the river's floods. The surrounding foothills are mostly forested with cedars, Douglas firs, big leaf maples and alders. Old barns and picturesque farmlands sit quietly waiting for the next artist to come along and interpret them in a new way.

## Creative arts

On any given day, you might find an artist photographing bald eagles along the Snoqualmie Trail or you may walk past a plein-air artist with her canvas and easel working outside on a summer evening capturing the sunset or view of Mount Rainier.

For anyone that desires to practice their existing abilities or learn a new creative arts skill, the **Northwest Art Center** (NWAC) is home to an incredible visual and digital arts program. It is located in Old Town Duvall and serves residents of the entire Snoqualmie Valley region. NWAC programs are staffed by working artists who, in addition to honing their own craft, provide quality visual art education to approximately 260 students per year in their non-profit arts education program. Students range in age from 5 through adult, including seniors. NWAC offers classes and workshops on ceramics, drawing, and painting, and has recently expanded their program to digital arts education. They even host a Gadgeteers Club that help people mix art and technology through 3Dprinting, robotics, and more.

In addition to in-house education, each year over 1,000 community members participate in NWAC community art events and experiences, including documentary art films, wine and paint nights, open studio days, art walks, and gallery shows.

NWAC is also home to the Duvall Creative Arts Guild. The **Duvall Creative Arts Guild** is comprised of eight Duvall artists who gather once a month to experience joy and community through creating art together. Built on a unique model, the Guild is an intimate haven where each artist can deepen the mystery of the work in a supportive and inspiring environment. The Guild is a proud member of the **Duvall Foundation for the Arts** (DFA) and member works are shown throughout the area at local businesses and events.

In fact, you will find that simply strolling down Main Street is an artistic experience! Works by Guild members and other local artists grace the walls as you have lunch at the **Duvall Grill and Taproom**, drink a glass of wine at **The Grange Cafe**, or sip your coffee at **Match Coffee & Wine**. (By the way, many of those art pieces are also for sale.) You will even find pieces from local artists for sale at **Duvall Flowers & Gifts** and at **Tuxedo's Antique Mall**.

Tuxedo's also features furniture and home decor that are some pretty artistic creations of their own.

During your walk, you will see art incorporated into much of the city infrastructure as well. It might be one of the beautiful wood carvings mounted to light posts, painted trolls peaking over the Woodinville-Duvall bridge, or creative metalwork and finishes that turn an unsightly wiring box outside the local library into an art piece all of its own.

## Music

As you enjoy the visual arts throughout town, you will also hear music spilling out of the restaurants or cafés. The music scene is alive and well in Duvall! Local musicians with styles ranging from folk to rock are regularly featured at the **Twin Dragon Restaurant and Sports Bar**, the **Duvall Tavern**, **Match Coffee & Wine**, and other venues. We even have a top-of-the-line recording studio! **Top of the Hill Music** provides full-service recording, mixing, and mastering services, along with rehearsal and concert space.

Music is also a big part of **Duvall Days**, the town's yearly community festival. You will find stages set up all around town. Make no mistake, however, music is the star of **Sandblast** and **SummerStage**. Both events have something for every music lover. You can find more details later in this article, or check the **Area events calendar** on page 5 for dates.

## Performing arts

Other performing arts are also well-represented in this busy little town. There are several dance studios with lessons for dancers of all ages, including adults. Be sure to check out **Duvall Performing Arts**, **TJ Dance**, or **The Studio** for classes in tap, ballet, hip-hop, and even Argentine tango.

Did you know that Duvall has its own community theatre group, bringing local productions to the Snoqualmie Valley all year long? **Cascade Community Theatre** (CCT) offers many types and genres of performing arts to the community. Whether it's a traditional favorite during the holiday season, Shakespeare adaptations during the summer, or the young elementary-age and middle-school kids participating in the youth theater program, CCT does it all!

## Art happenings

Duvall has embraced the arts like no other small town! Combined with our rural beauty and purposeful focus on the arts, it's an ever-changing treasure waiting to be discovered by visitors and residents alike. Community leaders, individuals, businesses and civic groups are committed to supporting the arts now and in the



future. Come create and enjoy this artistic enclave surrounded by nature's wild beauty. You really can Do it all in Duvall!

There is something to please every artistic taste in Duvall. Here are some of the great events that showcase our talents:

- **Valley Chicks Artists and Vintage Markets:** A group of local artists, creative re-imaginers, up-cyclers, and fans of all things vintage, host these seasonal expositions for fans of the local arts and all things vintage. These quarterly markets feature over 20+ vendors and showcase the work of both Valley Chicks members and other local artists. Come by and ask questions, share information with other artists, or find the perfect treasure to take home. Every market is a little different. One time there will be the added fun of a photo booth and the next time a vintage style photographer. You may find a specialty baker, soap maker, or any number of other artisans. The atmosphere is casual and both children and dogs are welcome.
- **Art in Bloom:** Presented by Duvall Foundation for the Arts (DFA), Art in Bloom is a unique art show celebrating local artists and outdoor garden art. Unlike most art shows held in galleries, Art in Bloom takes place outdoors at the beautiful Kokopelli Gardens in Duvall. Guests stroll through the gardens and view an array of outdoor sculptures in a variety of mediums. Friday night's Opening Gala will be held August 11th and makes a great date night. Tickets can be found on DFA's web site **duvallarts.org** and include appetizers, dinner, drinks, live music, and a preview of garden art prior to the public opening. General admission to the gardens is free on Saturday and Sunday. Bring the whole family! Proceeds go to the participating artists and also help fund DFA's Scholarship Program with funds being awarded to youth and adults year-round.
- **SandBlast Festival of the Arts:** One of the largest art festivals in the Snoqualmie Valley and has been presented by DFA for over two decades. The centerpiece of the festival is a sand sculpture carved during the event. There are also local artist vendors, more than 15 live bands, a theatre performance, kid's art activities, food trucks and much more. SandBlast mixes all these forms of art into one glorious weekend along the beautiful shoreline of the Snoqualmie River at McCormick Park. SandBlast is a must see free event for the family. SandBlast 2017 will be held Saturday, July 15th and Sunday July 16th.
- **Duvall Outdoor Quilt Show:** The Duvall Outdoor Quilt Show (**duvallquiltshow.com**) brings the artistic creations of professional and novice quilters to the streets and businesses



of Duvall. The Festival of Color will be held Saturday, September 30th. Along with an incredible variety of quilts displayed outside and inside local businesses, there will be both live music and vendors. Be sure to check out the Project Linus quilts, created for children in hospitals, shelters, or anywhere kids are in need. You can also drop off quilts as donations for local fire and police services to use as comfort for tragedy victims.

- **SummerStage:** SummerStage is the hottest (and coolest place) to be on Wednesday nights all summer long in Duvall. Set in scenic riverside McCormick Park, this outdoor summer concert series offers six evenings of free family entertainment with an eclectic array of outstanding performances. Dance through the long summer evenings by the river, or just sit and relax and let the music and natural setting wash over you. Back by popular are the Beer and Wine Garden hosted by the Rotary Club of Duvall and different food trucks each week. Performances run from 7-8:30pm. Bring a blanket, chair, your dog, and favorite picnic food. See you at the park!
- **Art & wine walks:** A beautiful evening stroll through Historic Old Town Duvall, walking with your family or loved one and observing (and purchasing) some of the best local art and wine is what an art and wine walk is all about. These events partner local businesses in Duvall with artists to display their work for an evening. The public is invited to stroll into the businesses and view and/or purchase works of art. In addition to artwork, sumptuous local wines are featured for tasting at local establishments and various local musicians are sprinkled throughout the events, adding to the ambiance.



# Dine in Duvall

One of the great things about Duvall is the diversity of the community. That diversity is reflected in the variety of restaurants to choose from. You can experience foods from all over the world without even leaving the valley.

*Start with a taste of the Northwest . . .*

## Blue Heron Bar & Grill

The Blue Heron may quickly become a new favorite for good food and beautiful views. Hit a bucket of balls on the driving range or take in a round of golf at the 18-hole course in Carnation before heading up to their expansive dining area for appetizers like steak nachos or enjoy salmon, prime rib or coconut prawns for dinner. Their deck is a must for summer happy hours!

## The Grange Café

A sophisticated dining option in the Valley, The Grange Café features a local and seasonal menu which highlights the bounty of the Snoqualmie Valley, Washington State, and the Pacific Northwest. Parents will enjoy the unique preparations of sustainable seafood and grass-fed steaks and kids can get a mini pizza sized just for them! The best part – there is a children’s play corner to keep the kids busy while you wait for your food - and enjoy your Dry Fly martini. When the weather is nice, enjoy dining on the expansive rear deck.

## The Duvall Grill and Tap Room

Located in the heart of Duvall, The Duvall Grill and Tap Room offers fresh, local sourced comfort food style dishes. Order the Black Angus burger, or the BLT with think bacon strips and add

some sweet-potato french fries with the special dipping sauce and you won’t be disappointed. The Tap room, located just next door has an extensive wine list and offers up to 10 beers on tap. Open for breakfast, lunch and dinner.

## Longevity Foods

One of Duvall’s well-loved establishments, Longevity Foods’ passion is preparing good, nutritious and delicious food such as natural smoothies, delicious homemade soups and healthy wraps. Their aim is to bring fresh, organic, nutritionally balanced, and delicious plant-based foods to the local community. Lovingly prepared cooked or raw.

## Sophie’s BBQ and More

One of Duvall’s newest restaurants is Sophie’s BBQ and More... and by more this means breakfast, pasta, sandwiches, and hamburgers. Sophie’s offers a wide variety of family-friendly meals served in a family-friendly atmosphere.

## The Duvall Tavern

One of Duvall’s newest establishments is also in one of its oldest buildings. The Duvall Tavern is open 7 days a week and serves great food, like their Washington State Burger featuring caramelized apple and sharp white cheddar cheese, and amazing drinks with all-star service. They are family friendly until 9pm with a full menu until 10pm. Join them for the big game, daily drink specials, and a variety of evening activities including Trivia Night and karaoke. You can even find the original tables, with all the names and initials carved in them, that are mounted on the wall as an artistic nod to the past.

*Or you can try some American classics...*

## Pickle Time Burgers

The first thing you notice when you walk into Pickle Time Burgers is the pickle artwork adorning the walls – all drawn and colored by local kids and patrons. Pickle Time offers unique and tasty burgers, wraps, shakes and more, so there’s something to please any picky eater in your family. Order up a fried dill pickle appetizer, huddle up to a table, and challenge your kids to create the newest pickle character.

## Quiznos

Quiznos is a favorite sandwich shop popular for its warm toasted subs. Quiznos boldly believes that food should taste great and they only use the highest quality ingredients to create the perfect meal. Besides subs, they also serve salads, soups and offer catering platters.



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*Stop by Italy on the first leg of your tour, while sticking close to your own backyard...*

## Lazy Ks

Located just 10 minutes south in Carnation, Lazy Ks offers pizza, salads and pasta with cowboy flair. Here’s a secret - if you get the “Big Fork” in your dining utensils, your table gets a free Cow Pie (their addictive molten chocolate chip cookie a la mode)!

## Red Pepper Pizzeria & Pasta (Duvall & Carnation)

Red Pepper serves up some of the best pizza in Duvall for many years. Now, they are also serving it up in Carnation, too, at Red Pepper – Carnation Station. Their 14-inch pies are well priced and they offer dine-in, take-out or delivery options from both locations. Along with wings, salads, sandwiches and pasta, you can enjoy a tasty Italian meal for a movie night at home or stop in after soccer practice. Now serving beer!

*Experience the best the Mediterranean has to offer...*

## Zazynia Mediterranean Grill

Family-owned and operated for more than 10 years, Zazynia is a one-of-a-kind Mediterranean restaurant with a truly local Duvall sense of warmth and charm. Zazynia’s menu ranges from soft pita-wrapped gyros (“yee-ros”) loaded with lamb or chicken and veggies to lamb shish kebab, chicken or beef shawarma, and even Italian panini sandwiches on focaccia bread. And the folks at Zazynia will gladly modify dishes to accommodate your dietary needs vegetarian, vegan, gluten-free, low-fat, and more.

## Village Specialty Market

Features a Mediterranean palate of cured deli meats, cheeses, salads, and other foods. Fresh, made-to-order sandwiches are available at the deli counter, and local products are featured throughout the store. You can also sample a selection of olive oils and balsamic vinegars at the tasting bar.

*continued on page 12*

**Q & A** *What makes DUVALL SPECIAL?*  
So much of what you need is right here!  
Products, services, recreation, friendships.

*Caron Glickman*

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--	--	--

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## Q & A What makes DUVALL SPECIAL?

We look out for each other.

Carol Raszmann Kufeldt

## Dine in Duvall *continued*

*Continue your culinary tour with a visit to the Far East...*

### Twin Dragon Chinese Restaurant & Sports Bar

Conveniently located in the heart of Duvall, the Twin Dragon Chinese Restaurant & Sports Bar features tasty cuisine, friendly service, and an inviting atmosphere. Kick back and watch a game, sing Karaoke on a Friday night, or enjoy live music every Saturday night.

### Pho Thailand

Offering a wide selection of Thai and Vietnamese dishes, the draw of Pho Thailand is the pho – a traditional Vietnamese noodle soup. Can't decide among the 12 choices? Don't worry, the restaurant is a casual and welcoming family-run establishment that would be happy to answer your questions. Kids will love slurping up the flavorful noodles and ordering a colorful bubble tea to accompany their meal!

### Thai Duvall

Whether you're new to Thai cooking or already know your "stars," Thai Duvall offers delicious authentic cuisine in a relaxed family atmosphere. Dine in or take out, you'll love the wide variety of dishes featuring traditional Thai flavors like coconut milk, basil, chili peppers, and lime. Enjoy outside dining on the porch when the weather is nice, too!

*Take a break from your round-the-world gastric extravaganza for some coffee and a quick snack...*

### Match Coffee & Wine

Voted the winner for "Best Wine Bar" in the 2012 and 2013 Best of Western Washington awards, Match offers live acoustic music every Friday night from 8-10pm and a daily happy hour from 3-6pm. Grab a cozy spot on the couch by the fireplace and enjoy a glass of wine, tasty small plates, a gluten-free treat or a great cup of espresso.

### Starbucks Coffee Company

A household name in the Pacific Northwest, Starbucks serves quality coffee, espresso, and specialty drinks. Sit down in the relaxing atmosphere to enjoy a cup with a friend, fire up your laptop and connect to the Wi-Fi, or grab your coffee to go from their convenient drive-through window.

### The Grateful Bread

Grateful Bread is an independent bakery and café that has been serving the Wedgwood neighborhood of Seattle since 1996, and opened a second location in Duvall in late 2014. They are committed to using local, organic, and sustainable ingredients in all of their products. All of their baked goods are made from scratch without any preservatives, GMO's or corn syrup and are baked fresh every day.

### Rustic Cabin Coffee

Another new addition to Duvall's Main Street is Rustic Cabin Coffee, offering espresso, cold brew, and nitro cold-brew coffee. You can enjoy a panini for breakfast and lunch with daily soups, fresh salads and homemade pies!

*Complete your dietary expedition with a visit to Mexico...*

### Ixtapa Restaurant

With locations throughout the lower Snoqualmie Valley, Ixtapa is a family favorite for a fun relaxed Mexican atmosphere. Portion sizes are often big enough to share with your family - and there is a kids' menu offering some non-Mexican favorites. Bring a group or sneak away for a date night and enjoy a drink on the outdoor deck. The chips and salsa are complimentary.

### Ámonos! Mexican Kitchen

Serving delicious traditional Mexican food, made fresh daily. You will find tacos, al pastor burritos, quesadillas, salads and more. Ámonos! is locally owned and their specialty is classic Mexican street food with a Northwest twist. They focus on fresh quality local ingredients to craft delicious tacos, tortas, and burritos.

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# Have a drink in Duvall

By Jerry Sprute – Law Offices of Gerald A. Sprute

Are you looking for a place to have an adult beverage and kick up your heels or kick off your boots?

Whether you hope to find a happy-hour drink after work, entertain friends with a night on the town, or meet a business client for wine and serious negotiations, Duvall has just the watering hole you are looking for. With such a variety of hang-out spots, there's sure to be one that fits your mood and style.

The **Duvall Tavern** has been World Famous Since 1934. A long-time destination for weekend motorcycle and bicycle enthusiasts the Tavern was revitalized in 2014 into a fun family-friendly full-service bar and grill.

There is something going on almost every night of the week.

- Wednesday is **Trivia Night**. Form your team and get ready for some competition.
- The **fresh sheet** comes out on Friday and includes a new themed cocktail every week.
- Reserve your Saturday night for **karaoke**. Cheer on your friends or join the spotlight.
- On Sunday, or more any other night, you can catch the big game (whatever your favorite sport) on one of the many televisions.

Sunny days call for drinks on the newly expanded patio, complete with fire pits for when the sun starts sinking low. Local brews from **Old Rock Brewery** and local brewmaster Ray Pitts can be found on tap, also.

Wine enthusiasts will love **Match Coffee and Wine**. The extensive wine selection is paired nicely with a choice beer selection. Of course, they also have great coffee. The low-key atmosphere is complemented with comfy lounge chairs and a fireplace in the corner. Match is perfect for unwinding after work or meeting friends to catch up on conversation. A signature martini list pairs nicely with the live music from local talents. It is the perfect hang-out spot!

Another great option for a drink with friends is the Duvall Grill and Taproom. Located in the center of Old Town, the **Duvall Grill** has a full-service bar and a family-friendly restaurant located right next door. The bar is a favorite with locals. There is also sidewalk seating available so you can people-watch as you relax with one of the over 10 beers on tap. Be sure to check out the walls for works available from local artists. There is something new to see almost every week.

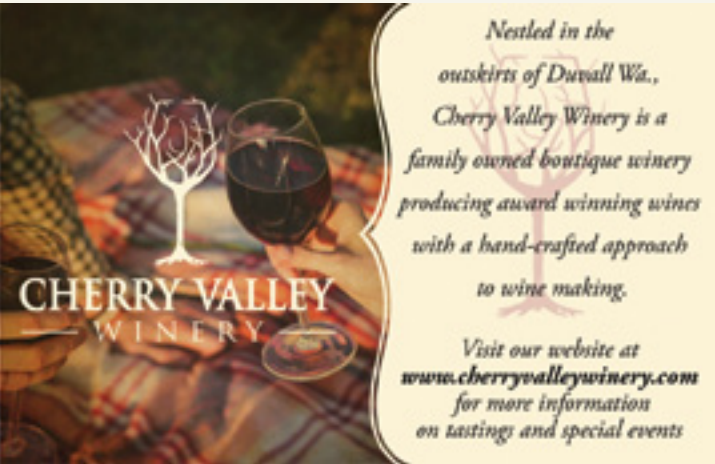
Are you looking for wine-tasting? Try **Cherry Valley Winery** right here in Duvall. This appropriately named local winery is located just up Cherry Valley Road from downtown and hosts a wine tasting event every first Saturday of the month. You can also arrange for a private wine tasting tour for your club or event. Duvall is also just a short drive to Woodinville and its many wineries.

If you are looking to have drinks before dinner, **Ixtapa Restaurant** serves more than great Mexican food. The bar has plenty of seating for even a large gathering. It features fast, friendly service, a full selection of liquors, wines, and imported or domestic beer, along with great house-made chips and salsa. Tequila shots for everyone! A night on the town would not be complete without a stop at the **Twin Dragon Restaurant & Sports Bar**. Shoot a game of pool, challenge your friends to a game of darts, or show off your moves on the dance floor. The Twin Dragon also features a large full-service bar with fantastic bartenders. The Twin Dragon is party central on Saturday night and features live music or a DJ. The party continues other nights of the week with karaoke, open mic, and more! They also serve up great Chinese food along with your favorite American bar foods.

When you feel that Sunday morning come-down, the **Grange Café** is just right for a hearty breakfast and a Bloody Mary or mimosa to heal your wounds from the night before. Beyond breakfast and your favorite hangover cure, there is also a great selection of wines and specialty cocktails that go perfectly with the locally sourced ingredients for their lunch and dinner menu.

No matter what your taste - lounging around or partying down - you can always find a friend in Duvall. It won't take long before you've claimed your favorite local hangout, for any occasion! If you see Tony at the end of the bar (see **An insider's guide to Duvall** on page 38), be sure and say "Hi".

**Q & A** *What makes DUVALL SPECIAL?*  
*When I don't know what I am doing, someone else in Duvall does! (seen on a tea towel in a local coffee shop).*  
*Holly Caldwell*





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## Get outdoors and enjoy our incredible Snoqualmie Valley

*Put your outdoor shoes on because Duvall and the surrounding area has many opportunities to explore nature year-round! Duvall offers a wide variety of activities and services for everyone, making it a wonderful place to bring the family and enjoy the day exploring a local farm, scenic trails, or a fun community event. The best part is many of these activities are low-cost or FREE.*

## Bicycle

There are a multitude of recreational cycling options in the Snoqualmie Valley for any age and experience level. Just a reminder: All cyclists in King County are required to wear a bicycle helmet by law.

## Road biking

Road biking is a popular activity on the rural roads surrounding Duvall. Cyclists may use paths, bike lanes, shoulders, or travel lanes as suits their safety needs. There are several organized rides through the valley each summer and cyclists and motorists are encouraged to practice safety and share the road. Washington Bikes maintains a comprehensive list of bicycling guide maps ([wabikes.org/growing-bicycling/resources/bike-maps](http://wabikes.org/growing-bicycling/resources/bike-maps)). These maps can help in planning the safest routes for your ride. In addition, the Cascade Bicycle Club ([cascade.org](http://cascade.org)) offers classes, information on commuting, group rides, and events throughout the Puget Sound.

Also be sure to check out the Marymoor Park Velodrome ([velodrome.org](http://velodrome.org)) in Redmond. The track isn't just for professional racers –spectators and amateur riders are welcome, too! Track-cycling lessons are available year round and during the summer kids can even try their wheels on the track during the Friday-night racing series.

### Mountain-biking and soft-surface trails

King County Parks feature lots of single-track and soft-surface trails offering exceptional mountain biking. Tolt McDonald Park in Carnation is a popular park for skilled riders, while families will enjoy rides on the Snoqualmie Valley Trail - a regional gravel trail with wide travel paths and nearly flat grades.

Seemingly endless miles of empty gravel logging roads are accessible off Stossel Creek Road in the Markworth State Forest. A Discover Pass is required to park here, and keep in mind that this is managed forest land with active logging. Hunters also regularly frequent this area. Bikers should be cautious, use the area on weekends only, and make sure you are easily visible.



Other opportunities for off-road exploration include the Cherry Valley area with access to Cherry Creek Falls, the Tolt Pipeline Trail, and the Moss Lake area. A few miles away on the Issaquah Plateau is Duthie Hill Park, a mountain biker's dream that includes about 5 miles of smooth flowy contoured single-track cross-country trails with bermed turns and jumps. For more information about rides in the area, visit the Evergreen Mountain Bike Alliance ([evergreenmtb.org](http://evergreenmtb.org)).

## *Bike tuning and services*

Located on Main Street in Duvall, Pacific Bike and Ski offers a range of different bikes and equipment from the beginner to the advanced biker. These include road mountain and specialized bikes. They also have rentals and full service repair. Why not rent a bike and hit the local Snoqualmie Valley Trail?

## Exercise

Duvall is a great place to get out and get fit! With miles of trails, lots of community parks, and plenty of hills you can find the perfect place for a walk or a run. During the warmer months, **Duvall Fitness, Summit Integrated Wellness, and Small Town Fitness** host training sessions and Boot Camps outdoors. There are also several 5K/10K walk and run events held each year. For example, during Duvall Days, the Riverview Education Foundation holds the **REF RUN**, that benefits the local school district. It is a great way to be good to yourself and to the community.

## Fish

The Snoqualmie Valley and nearby areas boast many great fishing spots, like the Snoqualmie River. Several small area lakes such as Lake Margaret, Lake Tye in Monroe, Lake Langlois in Carnation, and Cottage Lake in Woodinville are also great choices for families and are stocked with trout and largemouth bass each year. Fishing licenses are required in Washington and can be purchased online or at **Duvall True Value Hardware & Garden**. Free Fishing Weekend in Washington is always the first weekend after the first Monday in June.

## Geocache and letterbox

Do you and your children love the outdoors, exploring new places, and looking for interesting things? Then you should try geocaching! It's a treasure hunt right in your own neighborhood! All you need to get started is a GPS-enabled device (like a smartphone with the Geocaching App), coordinates for a geocache, and a sense of adventure.

Visit **geocaching.com** to learn more and discover the dozens of hidden caches around Duvall.

Letterboxing is another fun adventure activity. You and your family come up with a creative trail name – your letterboxing identity – and let others know you found their letterbox by leaving an imprint of your own personal stamp in the log book. Discover more about letterboxing and some local hunts to try by visiting **Cherry Valley Macaroni Kid** ([bit.ly/1pfxVWw](http://bit.ly/1pfxVWw)).

## Golf

If you are looking to play a few rounds of golf, you'll find several great courses close to Duvall. **The Blue Heron Golf Course** in Carnation features 9 or 18-hole play and a club house with an excellent restaurant. During the Fall, the Riverview Education Foundation holds their Annual REF Golf Classic fundraiser

event at the Blue Heron Golf Course. You can play a round of golf and help a great cause by participating in the event – it's for the children! Other golf courses in and around the valley are The Golf Club at Redmond Ridge and TPC Snoqualmie Ridge.

## Hike

**Snoqualmie Valley Trail** routes through Duvall's natural areas, parks, and farmland and is a wonderful place for runners, walkers, horseback riders, and mountain bikers. A family-friendly area, the trail borders the tranquil Snoqualmie River and even traverses an occasional railroad trestle. The trail is accessible from several areas, including Depot Park and Taylor's Landing. No permits are required.

**Cherry Creek Falls** in Markworth State Forest, located just east of Duvall, is Duvall's hidden gem. Hike beneath amazingly beautiful old-growth trees to a spectacular 25-foot waterfall. The trail is relatively flat and approximately five miles round-trip. A special feature here is that spawning salmon actually make it all the way up the creek to the falls. Although accessible year-round, it makes an especially pleasant summer hike. The falls are a great spot to stop for a snack, kick off your shoes, and spend some time wading and splashing in the water. No permits are required.

**Tolt MacDonald King County Regional Park** in nearby Carnation is an amazing spot. Within this park is the Tolt and Snoqualmie Rivers come together. Great flat-hiking or steep-hiking options are available, including a 500-foot suspension bridge across the Snoqualmie River. In fall, this is a great place to see salmon spawning and watch other wildlife such as Bald Eagles. This park also offers locations for camping and picnicking. No permits are required.

**Mount Si** and **Little Si** lie to the south in North Bend. Both trails are extremely popular and crowded, but offer phenomenal views at the top. Little Si is more accessible to families with a 5-mile round-trip hike and 1300-foot elevation gain. Mount Si is for serious hikers, with nearly 4000 feet of elevation gain in the 4 miles to the top. A Discover Pass is required.

Find details and directions for these hikes and many more in the area by visiting the Washington Trails Association ([wta.org](http://wta.org)).

## Ride a horse

Horseback riding is one of Duvall's most popular passions. From training for world-class dressage and eventing to kid-friendly riding lessons, we have it all! There are numerous trails, equine services, and boarding facilities based in or near Duvall.

### Trail riding

Horse enthusiasts will find several places to enjoy easy access to horseback riding in the local area, a list of trails, along with maps, is maintained by the King County Executive Horse Council ([kingcountyexecutivehorsecouncil.org/TrailList.htm](http://kingcountyexecutivehorsecouncil.org/TrailList.htm)).

Redmond Ridge boasts over seven riding areas, the largest being the **Redmond Watershed Trails**. This forested gem connects to several other neighborhood and regional trails on the Ridge, including the **Redmond Powerline Trail** and the **Tolt Pipeline Trail**.

*continued on page 18*

**Get outdoors and enjoy our incredible Snoqualmie Valley** *continued*

Two parks, **Kathryn Taylor Equestrian Park** and **Farrell McWhirter Park**, offer riding arenas, trail connections to neighboring parks, and picnicking opportunities. Farrell McWhirter Park also offers riding programs for children.

Riders looking for a longer or more secluded ride can try **Moss Lake Recreation Area** east of Lake Joy or an amble on the **Snoqualmie Valley Trail**, which continues 20 miles south of Duvall through Carnation to near Snoqualmie Falls.

Riders should expect to encounter hikers, dogs, and mountain bikers on many of the trails. State-owned lands require a Discover Pass.

## Paddleboard or kayak

The Snoqualmie River provides many great recreational opportunities. There is direct access to the river from two of Duvall's parks, McCormick Park and a boat launch at Taylor Landing. The river is a great place to kayak, canoe. Experience SUP provides stand-up paddleboard lessons and rentals. Picnic and play at Duvall parks

Duvall offers over a dozen community and neighborhood parks for kids of any age. All park facilities are ADA accessible. Some park highlights include:

- Big Rock Park – ball fields, a playground, and skate park
- McCormick Park – picnicking, trails, river access, and events featuring music and arts
- Judd Park – playground equipment for all ages
- Taylor Landing – picnic tables and shelter, a small playground, and boat launch
- Taylor Park – playground equipment, a small picnic shelter, a basketball court, and wooded trails
- Fox Hollow Park – playground equipment, grassy field, and tennis courts

## Ski

Duvall is fortunate to be situated between two of the most popular ski areas in western Washington. **The Summit at Snoqualmie** (southeast) and **Steven's Pass Ski Resort** (northeast) are each less than an hour's drive from Duvall in the Cascade Mountain range. Snoqualmie is ideal for beginners and features runs on three different mountains, including the challenging **Alpentel** area for more experienced skiers. Steven's Pass is a little more upscale and caters to skiers of all ages and levels of ability. Buy, tune or rent skis

on your way to the slopes in Duvall at **Pacific Bike and Ski**. They offer all kinds of snowboarding and ski equipment for all skill levels and can do long-term and season-only rentals for families.

## View wildlife

Would you like to get closer to local wildlife? There are three Washington Department of Natural Resources (DNR) wildlife-viewing areas in the Snoqualmie Valley: **Stillwater**, **Cherry Valley 203**, and **Crescent Lake 203**. Cherry Valley 203 and Crescent Lake 203 are located along State Route 203 north of Duvall and Stillwater is on SR 203 south of Duvall. All are DNR Wildlife Areas requiring a Discover Pass. These areas are especially great for viewing birds like pheasants, waterfowl, eagles, blue herons, and hawks. Note that during hunting season, hunters may be in these areas.

If you want to really get in touch with nature, consider taking an outdoor-survival class from the Wilderness Awareness School, a local non-profit dedicated to helping adults and children connect with nature.

Other local spots to explore include:

- **Moss Lake Natural Area**, about five miles southeast of Duval, is a beautiful wetland surrounded by 372 acres of high-quality habitat, including a sphagnum (heavily moss-filled) bog. Because of its rare diversity and protected status, it's a great place to spot birds like the Vaux's Swift and Band-tailed Pigeon. Horseback riders are also welcome. Parking and access are free and a pit toilet is available.
- **Chinook Bend** near in Carnation is another interesting area to explore, with trails and river access spanning 60 acres. The area is quiet and receives relatively little use. Deer and elk can be seen here, and the natural area is also home to a pygmy owl – but at only 6 inches tall, he can take an expert to spot! Parking and access are free and a pit toilet and picnic area are available.

## Visit Snoqualmie Falls

**Snoqualmie Falls** is one of Washington State's most popular scenic attractions – visited by more than 1.5 million people every year. At the falls, you will find a two-acre park, gift shop, observation decks with interpretive signage and history of the area. You will also find the Salish Lodge and Spa, and, of course, the famous 270-foot waterfall. You can also hike a ¾-mile trail to the base of the falls and pass by the hydro powerhouse. Parking and access to the falls is free.

## Visit local farms and markets

The Snoqualmie Valley boasts a rich agricultural heritage and there are dozens of farms in the area offering farm dinners, u-pick berries, pumpkin patches, Christmas trees, educational programs, and farm visits allowing you to meet the farm animals and learn more about farm operations. And, with so many local farms close by, the local Farmers Markets have the freshest local goods.

## Farmers markets

The farmers markets in our local communities offer everything from plant starts, eggs, cheese, and artisan bread to tons of fruits, berries and veggies, meat and fish, ice cream and other sweet treats, throughout the season. Our farmers markets all: offer something unique that highlights the character of the town, boast live music, and have activities for the kids.

The dates and times for local farmers markets are:

- **Duvall Farmers Market** – Thursdays, May through October, 3-7pm
- **Carnation Farmers Market** – Tuesdays, May through October, 3-7pm. The Carnation market also offers a special Thanksgiving market the Tuesday before the holiday.

## U-pick family fun

The annual family outing to pick strawberries, find the perfect pumpkin for Halloween, or pick a glorious holiday tree at **JP Landscape Tree Farm**, are all only minutes from downtown Duvall! It is always a good idea to bring cash and call ahead to your destination to confirm availability and hours. Small farms can sell out quickly. Also be sure to dress for the conditions – in the summer this means bring sunblock, a hat, and water. In the fall and winter, dress in layers and break out the mud boots!

For a list of U-Pick berry farms and pumpkin patches, check out the lists maintained by Cherry Valley Macaroni Kid:

- U-pick berry farms ([bit.ly/2j2WYcx](http://bit.ly/2j2WYcx))
- Pumpkin patches ([bit.ly/2iw5FQC](http://bit.ly/2iw5FQC))

### Unique local farms

Explore a children's garden, pet an alpaca, or take a ride on the crazy corn! Visiting a farm is a destination of its own around Duvall. Several local farms also participate in the Community Supported Agriculture (CSA) program ([localharvest.org/csa/](http://localharvest.org/csa/)), which is a great way to buy super-fresh local produce directly from the farmer that grew it.

- **Oxbow Farm & Conservation Center:** Oxbow Farm is four seasons of fun that reconnects families to real food and inspires true community. Oxbow offers school tours, a CSA program, u-pick pumpkins, summer camps, and more. Oxbow occasionally opens to the public for festivals and special events like their Mother's Day Native Plant sale.
- **Jo's Fleece Fields:** Visit an Alpaca farm! Always the last weekend in September, National Alpaca Farm Days ([alpacafarmdays.com](http://alpacafarmdays.com)) is a great way to learn about these animals, tour a farm and see live demonstrations. Jo's Fleece Fields, located in Carnation, participates each year!
- **Remlinger Farms:** Remlinger Farms ([remlingerfarms.com](http://remlingerfarms.com)) has been a regional family destination for decades for a reason. Open May – October, Remlinger Farms features berry picking, pumpkins, a petting zoo, and over 25 rides and attractions geared towards children ages 2-12. They can also host your company picnic or other large event.



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**Q** What makes  
**DUVALL SPECIAL?**  
**A** You...and you...and especially YOU!  
Duvall is the extended family you've  
always needed.

*Laura Davis*

# Resolve to get involved in Duvall

By Laura Smith – Snoqualmie Valley Community Network

The Snoqualmie Valley has many opportunities for you to volunteer and get involved locally. We want you to Resolve to get involved! Whether it's building a community arts center, assisting those in need, or helping our seniors thrive, there is a place for everyone who wants to give back to the community.

Many non-profits in Duvall and the surrounding area need your time, energy, and donations. In fact, there are over 35 different non-profit groups in Duvall that give you the opportunity to get involved, in all kinds of ways. Whether it's a one-time event or an on-going interaction, go ahead and get involved Duvall. Just take a look at all the ways you can help! You can find links to these organizations on the chamber of commerce Volunteering page ([duvallchamberofcommerce.com/volunteering](http://duvallchamberofcommerce.com/volunteering)).

## Want to help families and community members in need?

**Acres of Diamonds**, located in Duvall, provides a loving, safe, and nurturing environment that allows homeless women to break the cycle of addiction, violence, poverty, and homelessness.

The Snoqualmie Valley area is also home to **Hopelink**, an outreach program that serves low-income families, children and seniors throughout north and east King County. First, Hopelink services help clients achieve stability through the provision of basic needs, such as shelter and food. Second, clients are equipped to exit poverty through the acquisition of skills and knowledge that can permanently change their lives.

Another way to give back to your community is through a church or place of worship. Many local houses of worship have missions for helping others in our community. They provide a great way to get involved in something meaningful. Local places of worship include **Adventure Community Church**, **Church of Jesus Christ of Latter Day Saints**, **ECKANKAR**, **Holy Innocents Church**, **Living Word Community Church**, **Redemption Church**, **Timberlake Church**, and **Valley Foursquare Church**.

Find your own unique way to help others. Chamber of Commerce member, **The B.A.B.**, provides a place to host private parties that promote friendship, dancing, and a love of music. The B.A.B asks attendees for donations of cash or non-perishable food which go to Hopelink instead of charging admission.



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- ♥ Annual exams
- ♥ Family planning

## Interested in supporting the Arts?

The **Northwest Art Center** is dedicated to providing a range of art classes, workshops and community events for all ages including a digital arts program and a Gadgeteers Club. Along with financial support and donation of art supplies, you can also help by teaching a class, providing administrative support, or volunteering at an event. **Duvall Foundation for the Arts** organizes some of Duvall's premiere community events including Art in Bloom and the **SandBlast Festival of the Arts** (see Do the arts in Duvall on page 8). You can help with organizing, marketing, and staffing these wonderful events, or just help clean up afterwards. The **Duvall Cultural Commission** (DCC), supported by the **City of Duvall**, organizes SummerStage concerts in McCormick Park and various public art projects around the city. If you have an interest or skills in visual art, public art and performance, the graphic arts, writing or working with young people, the DCC wants you!

Did you know that Duvall has its very own local theatre company? **Cascade Community Theatre** (CCT) offers the organic theatre experience right here in the Snoqualmie Valley! Opportunities in the theater community are endless. Try your hand at set building, music, lighting, direction, or costume design. And of course, you can get on stage as a character in one of their productions. If greasepaint is in your blood, CCT is for you!

Did you know we will soon have a local radio station? **KAPY Valley 103.1 FM**, is a community-based volunteer 100-watt Low Power FM (LPFM) radio station with the goal of providing programming content for Carnation, Duvall and parts of Redmond Ridge. Valley 103.1 provides a mix of music, talk, news, local culture, agricultural, educational, fine arts, and specialty programming to name a few. All shows are locally produced, performed, and created by creative residents. This means you can help! Create content, help fundraise, provide technical support, or help keep the station compliant with the FCC.

The **Duvall Outdoor Quilt Show** is put on every year in partnership with the business community on Main Street. It showcases beautiful and one of a kind quilts from makers all over the Snoqualmie Valley. Volunteers can help gather quilts, hang quilts for the show, take down, or help in general show organization.

## Does working with young children or youth in our community and schools sound exciting?

**Friends of Youth** provides safe places and emotional support for youth in challenging situations. They provide mental health counseling, substance abuse education and treatment, parent education and community referrals. You can help by mentoring young adults or helping staff their emergency shelter or in any number of other ways.

**Riverview Education Foundation** (REF)enhances the educational opportunities of Riverview School District students. Your financial support or volunteer hours mean that REF classroom and school enrichment grants can support a broad range of projects and materials that enhance the District curriculum and actively engage students in learning. Another fun way to support REF is attending one of their events, such as their annual Golf tournament or REF Auction.

Another chance to get involved with Duvall youth is RHYTHM – the Riverview Helping Youth to Have Music program, which is affiliated with the **Riverview Performing Arts Boosters**.

The **Snoqualmie Valley Community Network** (SVCN) is a group whose mission is to promote and inspire youth to lead safe, healthy and successful lives. SVCN has five core youth development efforts: suicide prevention, substance abuse prevention Youth Success! Mentoring, youth leadership, & pre-employment skills development. Additionally, SVCN works to build community collaboration throughout the Snoqualmie Valley.

**Duvall Cooperative Preschool** (DCP) is a local preschool where parents are also part of the staff. DCP believes children learn best through hands-on experience. The curriculum reflects the developmental needs and abilities of the children they are teaching.

**Hillside Academy** is a private Christian school that builds future innovators through a project-based learning approach emphasizing academics, problem solving, creativity, social skills, faith, and character development. You can help inspire students by helping with events or participating in fundraising activities like their annual Costume Bowl.

## Maybe sports, health, and fitness are your passion?

The **Northshore YMCA** is an organization of men, women and children with a shared commitment to nurture the potential of youth, promote healthy living, and foster social responsibility. There are lots of ways to support The Y. Coach, lead a youth program, server on the board, or simply join as a member. The Y runs on people power!

Youth sports programs like **Snoqualmie Valley North Little League**, **Cedarcrest Junior Redwolves**, and the **Snoqualmie Valley Youth Soccer Association** give kids the opportunity to play baseball, softball, football, and soccer. There is even the opportunity to cheerlead. Coaches, registrars, and administrators are always in high demand, along with referees.

*continued on page 24*



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*After many years of serving the valley community, sadly, Dr. Sam Castillo has retired.*

*Continuing the proud legacy of Duvall Dental Center is Dr. Brandon Tyler. Dr. Tyler, his wife Cynthia, and their two sons live and work right here in the valley and hope to continue providing the community with the exceptional care you have come to expect.*

*Dr. Tyler is a 2011 graduate from the University of Washington and has spent the past years honing his skills in Montana and Minnesota before returning to Washington to become a part of the Duvall community.*



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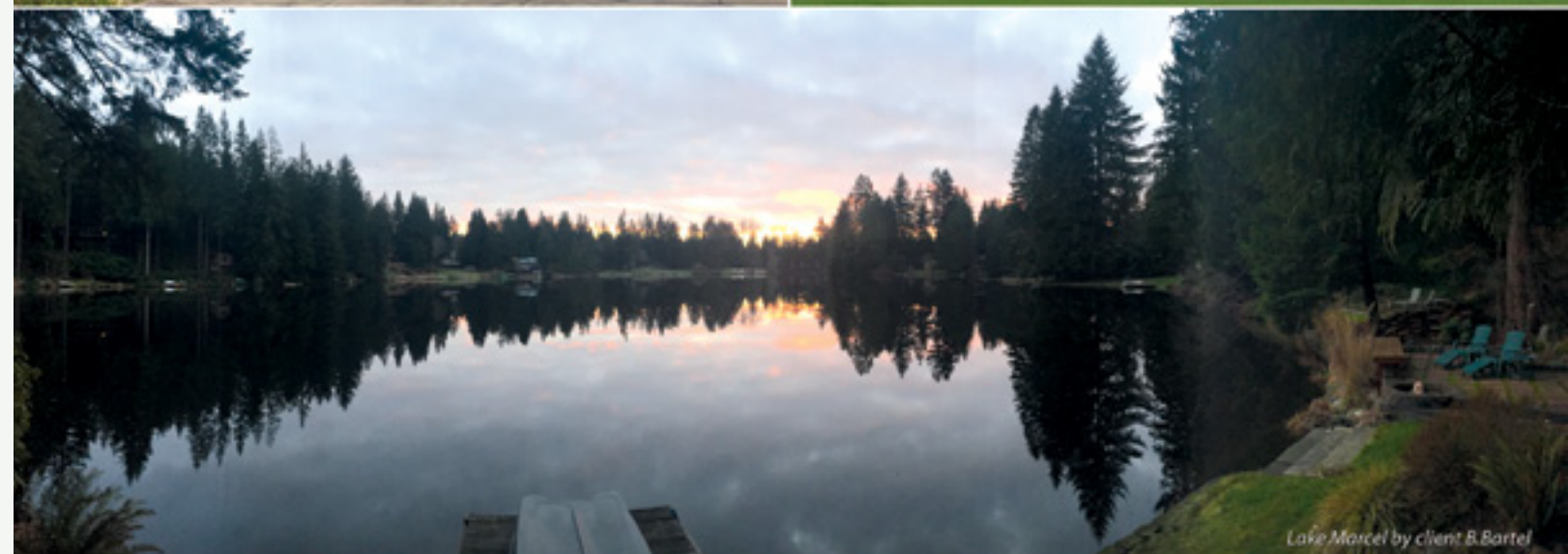
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## Resolve to get involved in Duvall *continued*

### *Are you looking to have an impact on the broader community?*

The **Rotary Club of Duvall** is the local branch of a worldwide organization of business and professional leaders united to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Helping run the Beer Garden at SummerStage is just one of the fun and rewarding ways you can participate in the Rotary.

The **Duvall Civic Club** was founded in 1929 with the purpose of enhancing the quality of life of the citizens of Duvall and the Snoqualmie Valley. The Civic Club supports the **Duvall Library**, the **Riverview Education Foundation**, and arts programs such as SummerStage, Teen SummerStage, and Cascade Community Theatre. The Civic Club also provides scholarships and helps with SAT preparation. You can help the club by participating in an event as a craft vendor, volunteering, or donating a plant for the annual garden sale.

The **Duvall Chamber of Commerce** promotes local businesses and the economic health of Duvall. It does this through programs such as monthly educational meetings and networking events for business owners. It also plans, organizes and participates in community events such as the Duvall Days Festival. Volunteers help staff Chamber events including marketing, administration and cleanup. Duvall Days provides unique opportunities to help with the parade line up, crowd control, organizing other volunteers, and working with vendors.





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**HEARTGuild** is a place to celebrate, revel in, and further the ripples that Evan Sebenius made in this Universe. He touched and inspired many people across the country through games, nature, deep conversations, joyful experiences, and extreme nerdiness. Among his main loves were literacy, technology, the arts, and nature, and HEARTGuild aims to contribute to and grow other non-profits in honor of Evan Leif Sebenius. You can help support these goals through financial support, helping with events, or attending the annual Pi-Day Celebration.

### *Perhaps you are an avid reader or history buff?*

**Duvall Friends of the Library (DFOL)** is dedicated to supporting and enhancing the programs, activities, and resources at the **Duvall Library** in coordination with the library staff as well as collaborating with other “Friends” organizations within the King County Library System to enhance community literacy and library programs. Volunteer to read a book for Story Time, join the discussion at Duvall Reads, or simply donate your used books for the DFOL book sale.,

The mission of the **Duvall Historical Society** is to preserve, record, publish and promote appreciation of the history of Duvall, the community the pioneers knew as Cherry Valley, and the lower Snoqualmie Valley. Volunteer opportunities for the historical society range from being a docent at the local Dougherty House, helping clean and maintain historical buildings, archiving historical artifacts, or helping with the annual Heritage Festival.

### *Would you like to ensure your family and neighbors are safe in case of a potential disaster?*

Organized in 2002, the **Carnation-Duvall Citizens Corps Council** exists to make the community safer, stronger and better prepared. In response to the national request for Americans to work together to strengthen our communities, Carnation and Duvall residents have established a nationally registered Citizen Corps Council to assist in the coordination and dissemination of local volunteer emergency response opportunities and information in the Carnation-Duvall area. You can volunteer to help organize or conduct training and run programs, or get prepared yourself by taking Community Emergency Response Team (CERT) training. If you have an interest in HAM radio, join the Snoqualmie Valley Amateur Radio Club.

### *Do you know a senior or a person with disabilities that you could help?*

**Sno-Valley Senior Center** works to inspire, support, and empower seniors to lead healthy, enriched lives. Open Monday through Friday from 8am to 3:30pm, there are programs, classes and trips members may participate in throughout the day. Members can try exercise classes, Wii bowling, and Scrabble or take a trip to popular destinations throughout the Seattle area. You can join the Senior Center at any age. Come by to show someone how to use a computer, help with crafts, or simply stop by for a friendly conversation.

**Bridge of Promise** is a local Carnation non-profit organization supported by Special Care Agency and founded to enrich the lives of children, teens and adults with disabilities. This organization does so by offering community based programs, camps and respite support to families. You can help by volunteering your time and talents, or through donations and corporate matching.

**Camelot Society – Carlton and Chelsea Group Homes** is a non-profit organization that provides residential services for adults with developmental disabilities. Group home settings and supported living facilities locally strives to ensure a safe environment that fosters individual choice, independence, and personal growth. Volunteers can work with clients with a wide range of developmental disabilities or help with maintenance, office administration or fundraising.

### *Do you have a passion for the environment and nature?*

Living in the Northwest, you cannot help being in awe of the beautiful surroundings. There are numerous volunteer opportunities to help keep our natural settings pristine.

The **Wilderness Awareness School** is a national not-for-profit environmental education organization established in 1983. Based in Duvall, it is dedicated to caring for the earth and our children by fostering understanding and appreciation of nature, community and self. Support the school through donations or volunteer to help with a summer camp. You can also participate in the Cascade Wildlife Monitoring Project, where volunteers track mammals in the cascades on monitor their activity.

The **Mountains to Sound Greenway Trust** leads and inspires action to conserve and enhance the landscape from Seattle across the Cascade Mountains to Central Washington, ensuring a long-term balance between people and nature. This landscape is supported by a broad cross-section of society, working together

as an effective coalition to preserve this heritage for future generations. Volunteers help plant trees, represent the Trust at events, or help run the office.

The mission of **Oxbow Farm and Conservation Center** is to educate people on the importance of environmental stewardship and healthy food, to reconnect us to the land and our local sustainable food supply, and to inspire us to take action in our daily lives and in our communities. Oxbow’s education programs provide an opportunity for you to help with summer camps, work with educators during school field trips, or assist with upkeep on this real working farm.







~ Lance Weekes, DVM ~

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# Riverview School District Superintendent Dr. Anthony L. Smith welcomes you!



Welcome to the Riverview School District! We have become a destination district because of our excellent staff, wide variety of programs, award winning Advanced Placement (AP) and Honors Curriculum, and partnerships with business and industry, parents, and community. With our high graduation and college placement rates, we are expanding our focus to set a goal of getting every student started on a post-secondary certification. Some examples include earning college credit in the high school, tech-prep credit, AP waiver of college credit, Microsoft Certification, or other industry standard certification progress.

Regardless of the reporting mechanism, you will discover that the Riverview School District is amongst the highest performers in the state with **schooldigger.com** rating our district in the top twenty. Test scores are only one measure. Our focus on each child and commitment to the “four A’s” is what sets Riverview apart. While **Academics** will always be the focus, we know that students gain life-changing experiences through the **Arts, Activities, and Athletics**, as well.

Another focus of the district is partnerships, whether with regional business and industry, local organizations, or through the **Riverview Education Foundation**, PTSA, community, or parents. The number of documented parent and community volunteers grows every year and now is approaching 1,500 in a district of 3,200 students.

2016 was a banner year in the Riverview School District. The Riverview School District was one of only three districts in the United States recognized by the College Board to receive the AP Honor Roll award for the fifth consecutive year. This prestigious award is given to school districts that expand opportunity and demonstrate improving performance of AP students. Most of our schools and programs have received School of Distinction or Washington Achievement awards for academic excellence. **Our School Board was chosen as one of three Washington School Boards of the Year by the Washington State School Directors Association.**

Our district is well known for its high expectations and family oriented, collaborative culture. We look forward to partnering with you to ensure the district continues to excel for each and every child.

## Schools in Duvall and Carnation

**District office - Riverview Educational Service Center**  
15510 1st Avenue NE, PO Box 519  
Duvall, WA 98019  
425-844-4500  
riverview.wednet.edu  
Superintendent: Dr. Anthony L. Smith

**Other Important Numbers**  
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School Nurses 425-844-4516  
Food Services 425-844-4560  
Transportation 425-844-4540

**Riverview Learning Center**  
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32302 NE 50th Street  
Carnation, WA 98014  
425-844-4960  
Principal: Chris Mirecki

**Cedarcrest High School**  
School Hours: 7:20am - 2:00pm  
29000 NE 150th St., Duvall, WA 98019  
425-844-4800  
Principal: Ray LaBate

**Tolt Middle School**  
School Hours: 8:10am - 2:45pm  
3740 Tolt Ave., Carnation, WA 98014  
425-844-4600  
Principal: Chris Lupo

**Carnation Elementary School**  
School Hours: 9:10am - 3:30pm  
4950 Tolt Ave., Carnation, WA 98014  
425-844-4550  
Principal: Dr. Randy Stocker

**Cherry Valley Elementary School**  
School Hours: 9:10am - 3:30pm  
26701 NE Cherry Valley Rd.,  
Duvall, WA 98019  
425-844-4750  
Principal: Heather Sánchez

**Stillwater Elementary School**  
School Hours: 9:10am - 3:30pm  
11530 - 320th Ave. NE,  
Carnation, WA 98014  
425-844-4680  
Principal: Jack Madigan

**Eagle Rock K-5 Multi-age Program**  
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**Q & A** *What makes DUVALL SPECIAL?*  
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Sally Sandon

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Top 10 Reasons to Shop & Dine in Duvall

1

PROTECT LOCAL CHARACTER AND PROSPERITY:  
By choosing to support locally owned businesses, you help maintain Duvall's charm.

2

COMMUNITY WELL-BEING:  
Local merchants care about and invest in our community. They donate their time and part of your dollars back to local groups and charities.

3

SAVE MONEY:  
You save money by shopping at home. You drive less, save time, and you'd be surprised how often the retail prices are lower, too.

4

PROTECT OUR SERVICES:  
Dollars you spend locally support vital public services right here in Duvall.

5

JOB AND WAGES:  
Locally owned businesses create jobs locally and can provide better wages and benefits than chains do. Your local purchases support local jobs.

6

ENTREPRENEURSHIP:  
Entrepreneurship fuels America's economic innovation, and serves as a means for families to move out of low-wage jobs and into the middle class.

7

ENVIRONMENTAL SUSTAINABILITY:  
You can reduce your environmental impact by cutting out those drives to Redmond and Bellevue.

8

PAY IT FORWARD EFFECT:  
When you shop or dine at one local merchant, you're supporting a whole host of other businesses. The businesses are buying supplies at other local businesses.

9

BUILD RELATIONSHIPS:  
You can grow a relationship with our local merchants. They can get to know you, and cater to your preferences.

10

LOCAL DECISION MAKING:  
Local ownership means important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.

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Or check us out on Facebook: <https://www.facebook.com/AQuietForestPreschool>

## Parks & Recreation in Duvall

### Parks within Duvall city limits

- McCormick Park
- Depot Park
- Dougherty Farmstead
- Taylor's Landing
- Taylor Park
- Duvall Dog Park
- Lake Rasmussen Park
- Judd Park
- Alva Miller Park
- Taylor's Ridge Tot Lot
- Fox Hollow Park
- Hix Park
- 278th Avenue Sports Court
- Skyline Heights Park
- Tuscany Hills Park
- Big Rock Ball Fields

### Q & A What makes DUVALL SPECIAL?

Our special jewel, McCormick Park and the river beach, thanks to a group of local visionaries who, many years ago, encouraged the city to purchase the property. It's hard to imagine now what Duvall was like without it.

Lisa Allen

### Nearby parks within 20 minutes of Duvall city limits

- Lake Margaret (Duvall, unincorporated King County)
- Tolt MacDonald Park (Carnation)
- Chinook Bend Natural Area (Carnation)
- Redmond Watershed Preserve (Redmond)
- Farrel-McWhirter Farm Park (Redmond)
- Cottage Lake (Woodinville)
- Paradise Valley Conservation Area (Woodinville)
- Al Borlin Park (Monroe)
- Skykomish River Centennial Park (Monroe)
- Lord Hill Park (Monroe)

### Playgrounds

- Taylor's Landing
- Taylor Park
- Tuscany Hills Park
- Skyline Heights Park
- Farrel-McWhirter
- Taylor's Ridge Tot Lot
- Hix Park
- Fox Hollow Park
- Judd Park
- Remlinger Farms

## Savor Duvall and the Snoqualmie Valley

Savor Snoqualmie Valley is a community driven effort made up of local community members, the **City of Duvall**, the **Duvall Chamber of Commerce**, and the citizens, governments, and chambers of commerce from other Snoqualmie Valley communities, along with representatives from King County. Savor Snoqualmie Valley promotes local foods, farms, and the independent businesses of the Snoqualmie Valley. It also celebrates the arts, culture, and heritage of the valley. Savor Snoqualmie Valley is coordinated by the **Mountains to Sound Greenway Trust**.

The Savor Snoqualmie Valley team formed as the result of the eight-part workshop series, A River Runs Through It. SnoValley United, a coalition of more than one hundred government, business, and community leaders working to unite the Snoqualmie Valley, convened this workshop in early 2016. Participants developed a common vision and identified four key areas of interest: local food and farms, outdoor recreation, cultural heritage and the arts, and local first initiatives.

As a result, four project-driven action teams were formed:

- Savor Snoqualmie Local: focused on communicating the value of shopping locally
- Savor Snoqualmie Culture: focused on promoting heritage and arts
- Savor Snoqualmie Outdoors: focused on improving recreation infrastructure and helping to engage recreation users with the downtowns
- Savor Snoqualmie Grown: focused on promoting local food and farms

The action teams contain members from all across the Snoqualmie Valley. For example, the Savor Snoqualmie Local action team includes Eric Torrison from the Carnation Chamber of Commerce, Dave Eiffert from the Snoqualmie Valley Chamber of Commerce, and our own Geraldine Banes from the Duvall Chamber of Commerce. Lin McBride, from the Duvall Foundation of Arts and another Duvall Chamber of Commerce member is also part of this local first action committee and the larger Savor Snoqualmie Valley umbrella meetings.

The action teams work both separately and together on programs and initiatives. As one of their first projects, Savor Snoqualmie Valley launched its website, [savorsnoqualmievalley.org](http://savorsnoqualmievalley.org), in early 2017. One of the key features of the site is the Explore the Valley interactive map. The map includes locations such as lodging, breweries, wineries, hiking trails, and historic sites. You can use the map to find everything from wildlife viewing areas to local farm stands. The website also contains an events calendar for the Snoqualmie Valley and pre-planned itineraries for day and weekend trips.

If you are interested in joining one of these exciting action teams, which meet monthly, contact Jennifer McKeown, the Snoqualmie Program Manager, at [jennifer.mckeown@mtsgreenway.org](mailto:jennifer.mckeown@mtsgreenway.org). Mountains to Sound Greenway Trust hired Jennifer in 2013 to coordinate the program. Jennifer has a passion for exploring the outdoors, growing food, and building community. She is an avid gardener, fruit-wine maker, hiker, and explorer. In 2004, Jennifer joined the Peace Corps and went to Paraguay where she worked with local farmers and women's groups. After Paraguay, Jennifer joined the Mountains to Sound Greenway Trust and she spent her days working outside planting trees and maintaining trails like Rattlesnake Ridge and Little Si.

In her current Program Manager role Jennifer is able to bring her many interests together. Jennifer works closely with the cities of the Snoqualmie Valley, the Chambers of Commerce, and local business owners, farmers, and heritage groups. We invite you to Savor Snoqualmie Valley, starting with Duvall!



### Q & A What makes DUVALL SPECIAL?

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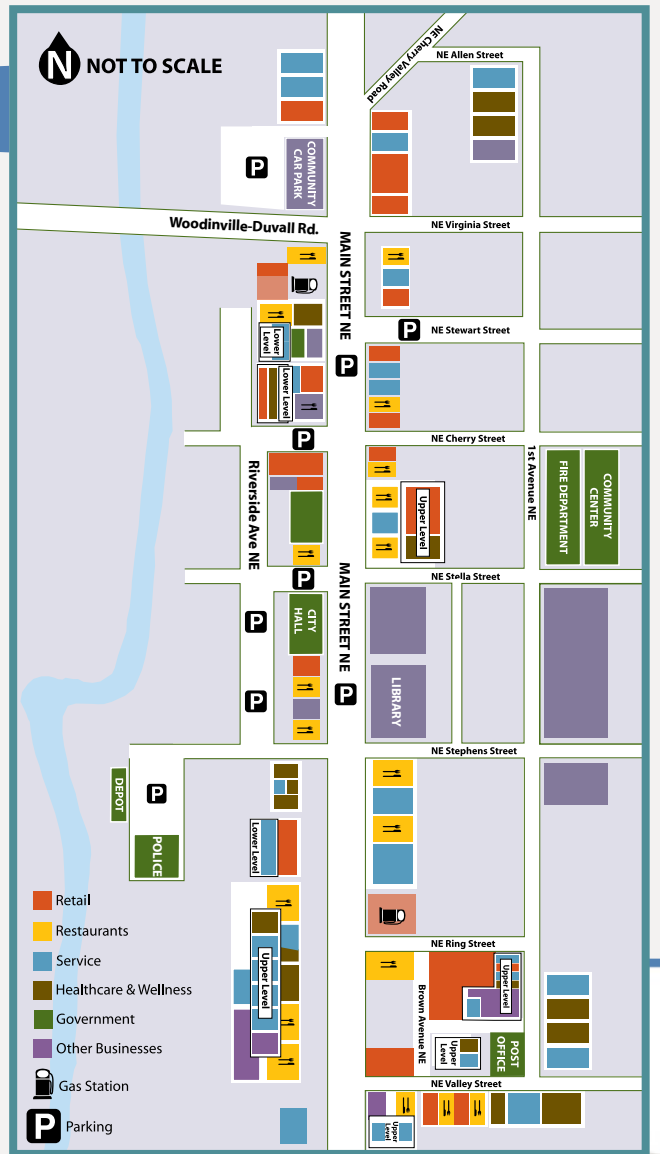
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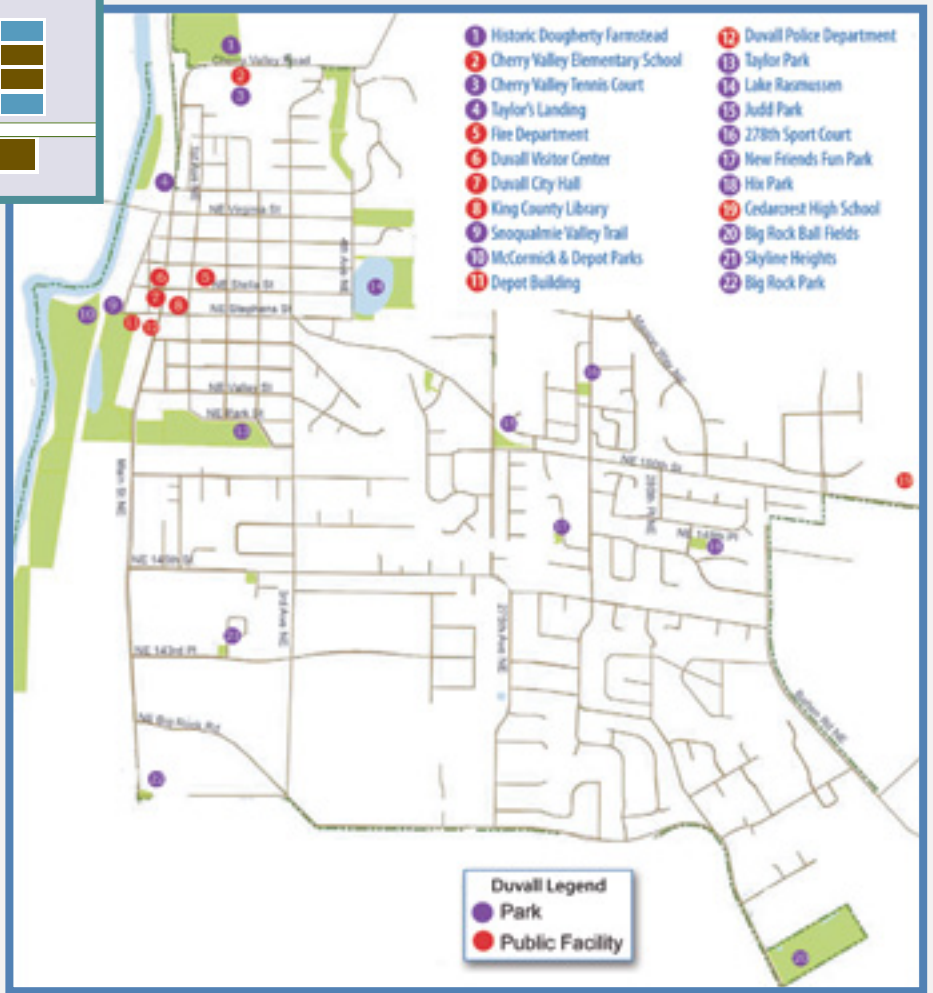
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## Duvall quick facts!

Here are some tidbits from the United States Census Bureau, using data and estimates from 2011-2015 (the latest available):

- Current population of Duvall: 7,674
- Estimated median household income in Duvall: \$117,674  
~ State of Washington: \$61,062
- Estimated median value of Duvall's owner-occupied housing units: \$374,200  
~ State of Washington: \$259,500
- Duvall home ownership rate: 81.2%  
~ State of Washington: 62.5%
- Educational level for population 25 years or older in Duvall  
~ High School diploma or higher: 96.8%  
~ Bachelor's degree or higher: 46.3%
- Estimated percentage of Duvall population in the civilian workforce: 78.9%  
~ State of Washington: 63.5%
- Average travel time for commute from Duvall to work: 33.2 minutes  
~ State of Washington: 26.3 minutes
- U.S. Veterans residing in Duvall: 336



# Q & A What makes DUVALL SPECIAL?

The Nice and Loving community.

Jorge Jachar Glez

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## An insider's guide to Duvall continued from page 33

### Island Duvall

You probably noticed that there are really only three main roads that connect us to the rest of civilization – SR-203 (also known as Carnation-Duvall Road or Main Street) going north and south, Woodinville-Duvall Road going west, from the north end of town, and 124th Street, going west and connecting to Novelty Hill Road and Redmond, to the south of town. You may not have also noticed that the Snoqualmie River cuts through the valley, crossing under Woodinville-Duvall Road, and 124th Street, and running parallel to SR-203.

Because on rare occasions it rains to excess in Western Washington -namely every other day from November to April – that scenic Snoqualmie River running through the valley also means that 124th Street will frequently flood. We believe that the road was built low to the ground to minimize problems with gravity, or something like that.

Traffic is then directed to the other two roads, which can result in a rural traffic jam. Our local constabulary often steps in to help with the use of the growing-in-popularity police pickle. This wonderful device can be used by officers to manually control stop-lights, helping the flow of traffic, and creating fans for the little green (we assume) hero.

But sometimes, snow-melt, rain, and the tears of Mother Nature are so voluminous that all three roads out of town flood. This makes it impossible for our residents to get to - or from - the Bright-Lights Big-City of **Redmond Ridge** or the dimmer lights and more expansive concrete of **Monroe**. We call this *Island Duvall*. One might think this would cause panic.

But after raiding the two local grocery stores for bread, milk - and Mallomars of course - we pretty much settle down and accept our fate. You will quickly realize that it is a great time to slow down and get to know the neighbors. You might even call us *Dessert Island Duvall*. (See what I did there?! Dessert island, instead of desert island). We're a witty tribe too!

Don't worry, though. You probably won't get stuck here with no way to escape. The last major Island Duvall incident was back in 2009. Then again, if you do get stuck, we have bread, milk - and Mallomars - and are willing to share.

Nonetheless, we still encourage *Westerners* (those people on the other side of the valley) to catapult wine, cheese, and crackers over the valley or float them downstream from **North Bend**.

### Speaking of supplies like food and beverages

Like all human beings, food is essential to Duvallians. We are mortal, after all.

While we have our share of familiar national chains, the folks of our village are also expert in crafting down-home local food. And, if neighboring Woodinville is considered the Silicon Valley of the wine country in Western Washington, then Duvall is quickly becoming the - *Duvall* - of beer and spirits – and wine! Find out more about our local drinking establishments in **Have a drink in Duvall** on page 14. Those local drinking establishments are filled with friendly locals (like myself - too frequently, perhaps).

If you would like to take a culinary tour around the world, without leaving the valley, be sure to check out **Dining in Duvall** on page 10.

### Crime? What's that?

Duvall is consistently rated one of the *safest cities in Washington* ([valuepenguin.com/2015-safest-places-washington-study](http://valuepenguin.com/2015-safest-places-washington-study)). This is largely due to two factors:

- The ever-vigilant **Duvall Police Department**
- The people in the community that make this one of the most neighborly communities you could imagine.

The **Duvall Police Department** (DPD) is not only on the lookout for scofflaws, but they publish the most entertaining police blotter on the web ([facebook.com/Duvall.Police.Department](https://facebook.com/Duvall.Police.Department)). You should subscribe just to discover that Mayberry RFD really does exist, and it is called Duvall (without the RFD).

### Community

If you are one of those ne'er-do-wells who is contemplating a life of littering, we got news for you! Duvallian *Helen Hoenig* won't stand for it - and she won't sit still for it, either. She has been celebrated for her ongoing efforts to keep the town beautiful by personally keeping it clean ([facebook.com/groups/329022990641842/](https://facebook.com/groups/329022990641842/)). Helen is just one of our many citizens who goes above and beyond to make this a place you want to visit and stay.

Indeed, while you won't see random acts of crime. You will see other random acts. We do **Random Acts of Kindness** a group started by *Connie Berg*, following the major windstorm of 2006. Her family provided donuts to Puget Sound Energy workers repairing downed power lines. The project continued forward when the lights came back on and it is common to find lots of volunteers in town delivering flowers and doing other nice things for local residents and guests. And who doesn't like nice things – doing or receiving? You can find out about this and other local community organizations that are doing nice things in **Get involved in Duvall** on page 20.

When you take a stroll down Main Street be sure to check out the *beautiful woodcarvings* that adorn our light posts. Some of these were created by local artist, **Dan Cautrell**, who also has been known to find fallen trees off local roads and decorate them with spectacular woodworking designs. These outdoor works-of-art are some of our hidden treasures that make our town the unique place it is.

And why does Dan do this? Because he is just one of our awesome Duvallians that makes this place all the more beautiful.

### Duvall – a people, not just a place.

If you've gotten this far in the introduction to our community guide, congratulations on your long attention span! You hopefully noticed that when we speak of Duvall, it isn't a place on a map (except in that Harrison Ford movie).

That is not to say that we aren't a place on a map, because we certainly are - otherwise we would all be somewhere else. But, what it really means is that Duvall is its people.

Duvall is the community of friendly folks who experience all the trials and tribulations of life found anywhere, but with a quirky small-town spirit that might be hard to find nowadays.

If this is a spirit that suits you, become a part of it, for at least a day if not longer. We welcome you with open arms (and an elongated DOOOOO when pronouncing Duvall).

## Shop and dine local – a personal call to action

My husband and I moved to Duvall, 22 years ago. At that time, we both worked in Redmond. We also did most of our shopping and dining in Redmond. For us, the bridge on 124th was symbolic. While we lived on one side, we shopped, dined, and worked on the other side. One day, I needed some last-minute decorations for a birthday party. I didn't have time to cross the bridge out of Duvall and drive to the big chain stores in Redmond, Woodinville or Bellevue. That day, due to time restraints, I was literally forced, to shop local. What I quickly discovered was a small, local store, that had absolutely everything I needed. When I walked up to the cash register to pay for my purchases, the owner smiled and thanked me for coming in. I told her I loved her store and that it was sad that I was the only customer in it. That is when she told me that not only was I the only customer in her store at the moment, I was the only customer she had that day. I wondered how it would feel to have my own business; a business that I poured my heart into and tried to support a family with, and possibly which employees depended as well. And, what if only one person, or no one, came into my business? How would I feel?

From that day forward, I decided to make a conscious effort to shop and dine locally. I hope you will make that conscious effort, also.

Our community is rapidly growing and changing. As new families move into town, it is crucial to our local businesses and our economy that we connect those businesses with new residents and educate them on the importance of supporting our local

businesses. People love our not so little town and if they want it to remain a thriving community, they need to make a conscious effort to Shop and Dine Local. If local businesses aren't supported and residents choose to continually "cross the bridge" to shop and dine, our businesses won't succeed and thrive; and one day, they will be gone.

### You can help.

The next time you hear a friend say "Oh, I drive by that place all the time and I've always wanted to check it out", suggest that the two of you check it out together, right then. Why wait?

Or, schedule a coffee date with a new neighbor at one of our many great coffee shops and give them a tour of downtown. Introduce them to the many places right here in their own backyard where they can find great gifts, services, and all the necessities of life. Are you looking for ideas?

Be sure to mention that there are:

- Stores that carry clothes for adults and children
- Dance studios where you can learn some new steps, or introduce your kids to the arts
- Coffee shops where you can meet friends or work on a project
- Shops with locally crafted gifts and décor for your home
- Hair salons, barber shops, and spas to help you look and feel your best

You will be amazed at what you can discover when you explore the town you live in. You can pull out the **Business Guide** section of this Guide and walk through town. You can also take a virtual tour of local businesses on the Duvall Chamber of Commerce website ([duvallchamberofcommerce.com](http://duvallchamberofcommerce.com)). Either way, I'm sure you will have fun shopping and dining locally!

*by Connie Berg - Ambassador, Cheerleader, Emissary and Supporter of small, local businesses! Founder of Duvall Random Acts of Kindness, the Shop & Dine Local Facebook page, and owner of C3byConnieBerg.*

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## Duvall Visitor Center

An unmistakably charming old red building in the heart of Main Street houses the Duvall Visitor Center (DVC), a treasure of Duvall's heritage dating from the early 1900's. Today, the DVC is run by a coalition of community groups who share the common goal of providing a warm, inviting gathering place for visitors and locals to learn about Duvall's history and thriving business community. Jointly operated by the City of Duvall, the Duvall Chamber of Commerce, the Duvall Civic Club, the Duvall Foundation for the Arts, and Cascade Community Theatre, the DVC has hosted over 7,000 guests and has served more than 70 organizations and groups over the past two years, making it a central resource for the community.

The DVC serves as a place where people visiting Duvall and the Snoqualmie Valley can obtain brochures and information about local businesses, points of interest, transportation routes, public trails, community events, and more. The large top floor is frequently rented to community groups and citizens for many different activities including art shows, fundraisers, scout meetings, theatrical performances, school functions, dance rehearsals, and business meetings. Visitors are welcomed with free refreshments (water and cookies) sponsored by local businesses. Dedicated volunteers staff the DVC year-round.

For information about renting the space, volunteering to assist visitors, and more, visit: [duvallchamberofcommerce.com/book-room-duvall-visitor-center/](http://duvallchamberofcommerce.com/book-room-duvall-visitor-center/)



Connie Berg Photo

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# Commute to and from Duvall

You might be surprised to find out that you have some great public transportation options in Duvall. In 2017, those public transportation options are likely to be more important than ever while the city makes some exciting improvements to Main Street (SR 203). The City of Duvall will be completing an \$8 million project ([wa-duvall.civicplus.com/309/2014-SR203-Safety-Improvements](http://wa-duvall.civicplus.com/309/2014-SR203-Safety-Improvements)) this year that will add sidewalks, bike lanes, and improved lighting from Old Town to the Safeway shopping center south of town. They will also be moving the utility lines underground, making our beautiful city even more beautiful.

All that construction can make the workday commute or just getting around town in your own car a challenge. Fortunately, Duvall has some excellent commute solutions that will help take the driving burden off your shoulders.

## Take the bus

King County Transit ([kingcounty.gov/tripplanner](http://kingcounty.gov/tripplanner)) provides Duvall with bus service via two routes. Route 224 takes you to Redmond, via Redmond Ridge, Monday through Friday with service every 90-100 minutes from 5:30 am to 8 pm. Route 232 provides service to Redmond and Bellevue, via Cottage Lake, during peak hours only. Morning trips leave Duvall from 5 am to 8 am and evening peak-hour trips return between 4 pm and 6 pm. All King County Metro buses have bike racks, and fares start at \$2.50, with reduced fares for youths and seniors.

Snoqualmie Valley Transportation ([svtbus.org](http://svtbus.org)), in cooperation with King County Transit, the Mt. Si Senior Center, and the Snoqualmie tribe, provides the Valley Shuttle.

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The Valley Shuttle provides door-to-door and fixed route services, running every 90 minutes, weekdays within and between the communities of Duvall, Carnation, Fall City, Snoqualmie, and North Bend. You can use the shuttle to get to medical appointments, grocery stores, jobs, or your other favorite activities.

The suggested donation for riding is \$1 per trip. If you are connecting to a Metro bus, you don't need to pay. FYI, ORCA cards are not accepted.

## Rideshare

If taking the bus does not meet your needs, consider participating in a rideshare. You can find groups looking for additional riders by using [RideShareOnline.com](http://RideShareOnline.com).

Another great rideshare option is Duvall's Community Van program. The Community Van is a pilot project between King County Metro and the City of Duvall to provide you a way to share the ride locally when traditional bus service does not meet your needs. Here is how it works:

- Community members travel together to local destinations any day or time.
- The Community Transportation Coordinator organizes trips and stops ahead of time.
- An approved volunteer drives the van.
- You check with the Community Transportation Coordinator to find trips that have been scheduled.
- Each trip must have at least 2 passengers plus the driver.
- Passengers pay a 1-zone Metro bus fare (\$2.50) and the driver rides for free.
- Be sure to suggest trips you think will be popular with others.
- Community Vans accessible to those with disabilities are available. Just let the Community Transportation Coordinator know.

For more information about volunteering to drive or to find trips, visit the Community Van website at [metro.kingcounty.gov/tops/van-car/programs/community-van/](http://metro.kingcounty.gov/tops/van-car/programs/community-van/).

To contact the Community Van Coordinator, Anne Wright-Cunniff, email [communityvan@duvallwa.gov](mailto:communityvan@duvallwa.gov) or call 425-939-8077.

## More options for seniors or people with disabilities

**Hyde Shuttle:** Sound Generations provides this shuttle service for seniors throughout the Snoqualmie Valley. It is free for seniors and people with disabilities of all ages. Of course, donations welcome. Rides are available from 8 am to 4 pm, weekdays. Be sure and schedule at least 24 hours ahead of time by calling 206-727-6262.

**Access:** The Access program is run by King County Metro. It provides paratransit service to people with disabilities for when they can't use bus or rail service. Access can take you to and from anywhere Metro bus or rail service can. For more information and reservations, call the Access Transportation Rideline at 206-205-5000.

**Volunteer Transportation:** This is another program sponsored by Sound Generations ([soundgenerations.org](http://soundgenerations.org)). Volunteers use their

own vehicles to provide transportation for King County residents age 60+, to and from medical. Call at least one week in advance. Rides are available from 8am to 5pm, weekdays, by calling 206-448-5740.

**Eastside Friends of Seniors** ([eastsidefriendsofseniors.org/our-services/](http://eastsidefriendsofseniors.org/our-services/)) Volunteers offer "door-through-the-door" transportation to health care appointments and back home. Other services are also available. Call 425-369-9120 for more information.

## Microsoft Connector

If you are a full-time Microsoft employee, you have an extra option for your commute. The Microsoft Connector ([connectorride.com](http://connectorride.com)), a corporate sponsored shuttle, has a bus stop at Holy Innocents Catholic Church on Cherry Valley Road, on the north side of town.

## During construction

During the construction on Main Street you might want to avoid the flaggers and lane closures by using an alternative route. Here are two that you might find handy:

- 275th Avenue runs between Stephens Street, north of the construction and Big Rock Road to the south.
- 3rd Avenue (also known as 268th Avenue on the south end) runs between 143rd Place south of the construction and Valley Street, just north.
- Stephens Street, Valley Street, 143rd Place, and Big Rock Road all connect directly to Main Street (SR 203)

When you do have to pass through the construction, be safe and follow the instructions of flaggers and any detour signs, and watch out for the construction workers. **Give 'em a brake!**

## Snow routes

We don't get a lot of snow in Duvall. Thank goodness! But, when we do, it is important to know the snow routes that the City of Duvall has in place. These are the streets that get the quickest attention for plowing, sanding, and de-icing. You can find the city's **Snow Route Map** at [duvallwa.gov/DocumentCenter/View/511](http://duvallwa.gov/DocumentCenter/View/511). Remember those alternative routes we suggested for avoiding construction? You guessed it! They are part of the snow routes, too.

Q

&

A

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# Do business in Duvall

## Raising a business with the help of friends

by Mike Carmona, Eastside Property Solutions, LLC

Hello, Duvall! My name is Mike Carmona. I moved to this beautiful community in 2003 with my wife and daughter. We felt it would be a good place to raise a family. We were right! We also found out it's a good place to start and raise a business.

For many years I worked outside of the Valley for mid-sized construction companies as a project manager. When the economic downturn hit, companies began downsizing. My wife and I began seriously considering opening our own business and taking our financial security into our own hands. After much discussion and planning, we opened our general contracting business Eastside Property Solutions, LLC in 2010.

Being first-time business owners presented many challenges for us initially. We quickly learned you not only have to be good at what it is your business does, but you also need to keep on eye on the pieces that are not necessarily in your skill set: marketing, web design, and accounting are just a few of those things.

I read about the Duvall Chamber of Commerce and thought it would be a good place for me to learn about improving and growing my business. I attended my first meeting in 2012 and was immediately impressed with the atmosphere of collaboration that comes from the Chamber. I am very happy with the opportunities the Chamber has presented me to further define my market and increase my local sales. And, I find the speakers invited to share

with the group provide great insight and unique approaches to problems that business owners face.

But the most value I've found from the Chamber comes from the members themselves.

We have such a wide range of people that are members, with many different backgrounds and from many careers. The members are willing and ready to sit down and share a bit of their knowledge and experience with you. It's like having access to your own private pool of experts as friends.

I also love the opportunity for increased community involvement in events like Duvall Days, Light Up Duvall, and SandBlast. You can find Eastside Property Solutions volunteering to help out with all of these events, possibly putting up holiday lights on Main Street or bringing out a backhoe to shovel sand for sculptures. That might be why I was voted onto the Chamber of Commerce board of directors the year after I joined. I'm also on the board again this year, helping others grow their businesses.

I love our small town and the life we've made here. And, I truly appreciate the local friends I've made because of the Chamber of Commerce.

## A passion for helping local businesses

by Connie Berg, Duvall Random Acts of Kindness, Shop & Dine Local and C3 by Connie Berg

I remember the exact day I became so passionate about shopping and dining local. If you read the **Shop and dine local** article on page 34, then you already know about that day. Since then I have been totally committed to supporting local business owners and the community.

In 2006, after a huge windstorm caused most of Duvall to be without power for over a week, I started an organization called Duvall Random Acts of Kindness for our community, inspired by the Random Acts of Kindness (RAK) Club at Cedarcrest High School. The first event was an invitation to the Duvall community members, to shop and "Dine Out in Duvall", to support local businesses. This was a chance for the community to help Duvall businesses recoup some of their losses from being without power, or customers, for over a week. It was also a way to bring community members and business owners together to support one another. Since then, Duvall RAK has continued to grow, supporting both local businesses and residents with events like Random Acts of Kindness Week in early March each year. The organization also has both a website ([rakduvall.com](http://rakduvall.com)) and the DuvallRandomActsofKindness Facebook page. Another of our most loved events is Fun Flower Friday's. A group of RAK Warriors will randomly hand out flowers throughout downtown Duvall, with a note from the local business that sponsored the flowers. It is a way to spread some kindness in our community and

to give some positive, exposure to that local business. It's a win-win for everyone involved. It's especially impactful on the RAK Warriors, many of whom are kids of varying ages. When a child randomly hands a flower to someone, and the recipient starts to cry because they are so touched, it teaches the kids all about giving back and supporting their local community. It's a priceless lesson.

Several years ago, I also set up a Facebook page called Shop & Dine Local. This is a page where local Duvall and Carnation businesses are recognized, and residents are encouraged to support them, by shopping and dining locally. Pictures and videos of local businesses are posted so community members see both inside and out and get a peek behind that elusive door. It's such an easy way to show our community what is available locally.

After several years of working with and supporting local business owners, I soon discovered that there was a huge need for Social Media and Marketing help. Having a presence on social media is one of the best ways for businesses to make a personal connection with current and prospective customers. My new business, called C3byConnie Berg, supports other small local businesses by helping them with their marketing and social media needs. The 3 C's are: Concept, Content and Communication. They are all key components for a successful social media campaign. My business allows me to continue to support local businesses and has given me a better understanding of some of the challenges they face, now that I am a small business owner myself.



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### Acknowledgements

The Duvall Chamber of Commerce would like to thank all community volunteers and chamber members that made this publication possible. All content, editing, design, and printing were performed by community members and chamber members.

*In your hand is great example of what you can do when you shop local.*

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